

ES After-School Activities (ASA in Session 4)

March 25th, 2012 – May 31st, 2012

Dear Parents,

Please take a few minutes with your child to review the below list of activities for our last session of after School Activities for this school year.

Signing up Process:

Parents receive a "**Sign up E-mail**", which includes a **link** to view the activities list and **another link** to sign up for activities using a personalized **username** and **password** provided in the same e-mail.

Signing up for activities does not mean that your child will have those activities.

ON **Tuesday March 20th**, Parents will receive a "**Schedule E-mail**" with the list of activities their child will be actually joining. **After we send the schedule, If you will be adding or Cancelling any activity, please make sure to inform the CAC teacher and the bus supervisor if your child takes the bus.**

Students can sign up to four activities according to their priorities, so that the activity they wish most is their number 1 wish. We cannot guarantee that each child will get their first or even second choice that is why we encourage you to choose more than two choices.

Dismissal from ASA:

Students will be dismissed from ASA Classes to the destination you tell them to, i.e. If they're taking the bus, please remind them to go to the back gate. If you're picking them up, please tell them specifically where to meet you whether, on campus or which gate, either the front or the back gate.

Kindly remind your child on the day of their activity and tell them where to meet you, if you're picking them up, or to go to the back gate if they ride the bus.

On the first week of the activities,(the week of Sunday March 25th – Thursday March 29th) students will meet ASA Instructors at the blue tables to be taken to their classes. Look for your activity label on the table ☺. Activities that takes place in the lunchroom, will meet directly there. Starting Sunday April 1st, students will go directly to their ASA locations.

For Students taking the bus:

Buses leave at 4:10 and 5:30. Students in after-school activities that ends at 5:00 can either be picked up by parents, or wait on the playground until the 5:30 bus, supervised by Mrs. Nadia Rashad , our Campus Supervisor. She blows her whistle at 5:20 to remind students to go the back gate.

Please inform the Bus Supervisor, Mr.Gamal Abdel Nasser, what days your child will be taking the bus after their ASA, or if your child who normally rides the bus will **not** be taking it (**this is important as we need to know where children are at all times**). His extension is: 2755 5562.

ES Choir for grades 4 and 5 :

If your child was already in Elementary Choir for grades 4 and 5 in the previous session, Please RESIGN up online again so it shows up on their new schedules. It will continue on the weeks of **Sunday March 11th and Sunday March 18th**

If you have any questions or comments, or ideas for next year, please don't hesitate to contact me, or visit my office next to the elevator, on the right side as you enter from the front gate.

E-mail :egergess@cacegypt.org

Phone Ext: 202 27555 5208

Your feedback is always appreciated ☺

Session 4 Timeline:

Tuesday March 13th: "Sign up e-mail " will be sent to the parents for online registration for session 4

Tuesday March 20th: "Schedules e-mail" will be sent to parents & CAC classroom teachers


Sunday March 25th: Session 4 begins

Wednesday April 18th: ASA continues after the Spring break

Sunday April 22nd: ERD students dismissed at 11:30-NO ASA

Thursday May 31st: Last day for session 4

Activities List & Descriptions

Activity	Details
<h1>Amazing Science</h1> 	<p>Available for</p> <p>Grades 1 and 2 on Monday and Grades 3,4 & 5 on Sunday and</p> <p>Meeting time: 4:00-5:00</p> <p>Meeting Place: Rm. #440, (School store building) top floor</p> <p>Instructor: Mr. Sherif</p> <p>Experience the magic of magnets and build your own compass. Forming a real cloud in a jar. Find out how to build and operate real telescopes. Heat up your food with a hand-made solar lunch box oven. Put together our solar system. Having the opportunity to experience a variety of unique activities and will be able to touch, see, hear, smell and taste what science is really all about.</p> <p>Furthermore, you will design, create, build and assemble a variety of interesting projects.</p>

Art

from around the **World**



Available for grades 1, 2, 3, 4 & 5
Meeting day: Sunday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Aliaa

Arts and craft from Mexico and native north America, from Africa, Thailand, Egypt and other countries.
Come and explore the roots of the different countries through their cultures and crafts. Also many other things to do like painting and printing on fabric, paper Mache, beads work, batik, multicultural paper doll!

Baking



Cookies

Available for
Grades 1, 2, 3, 4 & 5 Sunday Group
Grades 1, 2, 3, 4 & 5 Monday Group
(Choose your preferred day)
Meeting Place: in the Lunch Room from 3:10-4:00
Instructor: Mrs. Sara

How would you like to join in our nice Elementary Kitchen and bake your Favorite cookies?
Let's bake, bake, and bake ☺

BALL GAMES



Available on Sunday for
Grades 3, 4 & 5 from 4:00-5:00
Meeting Place: ES Gym Second floor
Instructor: Captain Hassan

Join us in this fun activity. We'll play basketball, Soccer, dodge ball or any other ball games we come up with.
Let's kick the ball around ☺

BOARD GAMES And



Available for grades 1, 2, 3, 4 & 5
Meeting day: Wednesday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Sara

Learn skills of life through Board Games. Make friends, and resolve situations ... with Risk. Develop analysis and thinking skills...with Rat Race. Learn probabilities and simple math ...with Dominos. Trade & Commerce...with Monopoly.

If you would like to share some of your own board games, please feel free to do so.

We will also be rolling numbers as you fill your Bingo cards.
Come and join the fun .
This is totally a super fun activity!

Cool Chemistry



Available for grades 3,4 &5
Meeting day: Monday from 4:00-5:00
Meeting Place: Science LAB, 3rd floor ES building -room #
E325
Instructor: Ms. Tomader

Would you like to learn about the states of matter?
Have you ever created a chemical change by combining two
substances?

Did you ever test various types of matter for rust?
Would you like to know about acids and bases?
Have you ever used Litmus papers, PH papers , and red
Cabbage juice to identify acids and bases?
And more ...

CREative Arts

Available for grades 1, 2, 3, 4 & 5
Meeting day: Monday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Maha

How about using everyday household items such as paper
plates and cups with the addition of our supplies, you will be
able to turn these into creative art projects. Cars, airplanes,
and boats are all examples of the fun projects that can be
made easily. Just use your creativity and imagination to
create fantastic objects.

Creative Dance for Boys and Girls



Available for grades 1, 2, 3, 4 & 5
Meeting day: Sunday from 3:10-4:00
Meeting Place: Common Room Ground Floor
Instructor: Jenifer Golden

Experience the joy of dance. Explore elements of motion
through guided improvisation to develop creativity and
expression. For beginners and/or experienced dancers.

Digital Photography and Photoshop



Available for grades 3, 4 & 5
Meeting day: Wednesday from 4:00-5:00
Meeting Place:
Instructor: Mr.Nagy

Learn the essentials of digital photography and photo editing.
Students will use digital cameras to take photos around
campus and will learn how to edit their photos using Adobe
Photoshop. Students will create a final slideshow displaying
their photos.

PS. Bring your own Camera

Drama club



Available for grades 1, 2 and 3

Meeting Place: EG 43 Ground floor on the Same row as the KG

Instructor: Cliodhna

Meeting day: Wednesday

Group A from 3:10-4:00

Group B from 4:00-5:00

You're welcome to attend both groups, you just need to sign up for both groups, But if you want to attend 1 hour only, then sign up for 1 group.

Drama is a fun and invaluable method of developing self-confidence, presentation skills, teamwork, identity and creativity. Each Class will focus on a particular theme and will be conducted using the following structure:

Warm-ups

Presentation and self expression

Teamwork

Storytelling/Acting skills

Creative Improvisation

The objective of the drama club is to provide a space for creative expression in a safe environment. We will NOT focus on a final performance, but we may present the sketches we like the most in an open class at the conclusion of the season.

DRAMATIC EXPLORATIONS



Available for grades 4 & 5 on Monday

Group A from 3:10-4:00

Group B from 4:00-5:00

Meeting Place: EG18 Ground floor

Instructor: Mrs. Jacqueline

Explore your dramatic side in a creative and energetic way! Through games, improvisations, music and movement, let your imaginations fly!

You're welcome to attend both groups, you just need to sign up for both groups, But if you want to attend 1 hour only, then sign up for 1 group.

Fitness & Running Club



Available for grades 3, 4 & 5

Meeting day: Monday from 4:00-5:00

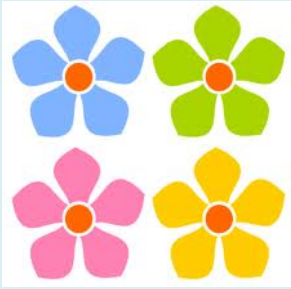
Meeting Place: Track and Field

Instructor: Captain Mohamed and Captain Beshoy

Being physically active is very important for our healthy growth and perfect body development.

Kids build an interest in sports while engaging in non-competitive play. This class consists of a variety of fitness activities.

Flower-Mania



Available for

Grades 1 and 2 on Sunday from 3:10-4:00
Grades 3,4 and 5 on Monday from 3:10-4:00

Meeting Place:

EG 43 Ground floor on the Same row as the KG Classes

Instructor: Ms.Maria

Flowers are the most interesting things ever to work with.

They have natural amazing colors and shapes and We can always surprise you with wonderful designs.

We will learn how to arrange flowers and turn them into real pieces of art.

Each Class we will be working on our special project and you will be taking it home.

FRENCH

Available for

Grades 1 & 2 on Thursday from 3:10-4:00
Grades 3,4 & 5 on Sunday from 3:10-4:00

Meeting Place: Room 216 2nd floor ES Building

Instructor: Madam Monique le Caier

If you are already able to speak French but would like to improve your skills in that language, join this fantastic group.

Mm. Monique will be sponsoring this activity.

Let's practice French through fun activities and games

Friendship Gifts



Available for grades 1, 2, 3, 4 & 5

Meeting day: Thursday from 3:10-4:00

Meeting Place: Lunchroom

Instructor: Ms. Dina

We will be making small gifts for our friends and loved ones.

We can make cards, key chains, necklaces and bracelets.

Lets enjoy our time together as well as we appreciate our dear ones.

Glass Painting & Sand drawing

Available for grades 1, 2, 3, 4 & 5

Meeting day: Monday from 3:10-4:00

Meeting Place: Lunchroom

Instructor: Mrs. Shaimaa

How would you like to design your drinking cup or water glass? Maybe your own plate? You'll also learn how to transfer the normal yellow sand into colorful sand. You'll use it to decorate bottles, and make creative projects

Guitar Club



Available for grades 3, 4 & 5 from 4:00-5:00

In two classes

-Beginners class (first time to join it) on **Wednesday**
-Advanced (if you had it in the previous session) on **Monday**

Meeting Place: Rm.431, School store building 2nd floor

Instructor: Mr. Michael

Why don't you come and learn how to play your favorite song.

We will learn how chords make the beauty of a song.

P.S: BRING YOUR OWN GUITAR, as they are not provided in the class

Gymnastics



Available on Monday for

Grades 1 and 2 from 3:10-4:00

Grades 3, 4 and 5 from 4:00-5:00

Meeting Place: Lower Gym

Instructor: Coach Abdel Nasser

This course includes some of the gymnastic elements such as stretches, power exercises.

If you want to be flexible and fit, You'll learn how to perform skilled movements on the ground.

Rolling forward from crouching position, Hand stand on the wall. Join us - sure-it will be so interesting.



For Fun

Available on Wednesday for

Grades 1 and 2 from 3:10-4:00

Grades 3, 4 and 5 from 4:00-5:00

Meeting Place: Lower Gym

Instructor: Coach Abdel Nasser

Kung Fu is one of the sports, which involves high physical fitness and strength.

It enhances focus, speed, agility and balance. We will be trained on different styles and skills for the hands and legs.

MOVIES AND ANIMATION



Available for grades 3, 4 & 5

Meeting day: Sunday from 4:00-5:00

Meeting Place: E324 3rd floor

Instructor: Dr. Mona

We learn how to use the I movie program with power point. Learn how to make a video for ourselves, and add some flash animation file to our movies as well. At the end of the session students will have their movies with narration and animation added to their power point in a very unique ways, such as the movies on the news.



Available on Thursday for grades KG, 1 and 2 from 3:10-4:00

Meeting Place: EG 43 Ground floor

Instructor: MusIQ Club Instructors

MusIQ Club is an enriched Canadian after school music program that provides convenient access to a Comprehensive, affordable and fun instrumental music education. In MusIQ Club, students learn the language of music and develop performance skills, progressing from level to level each term.

If you already took it in session 3, then you will be moving up to the next level 😊

MusIQ Club uses computer-based teaching resources and specially designed software.

Students will receive a certificate at the end of this course.

Web site: <http://www.musiqclub.com/>

For KG students, Please make sure to inform their CAC Class teacher and Ms.Ereeny their dismissal plan and who will be picking them up after the activity.

-Parents are invited to the last class to a MusIQ Club Recital on May 24th 2012 at 3:30

Fees for this course: 450 LE

Payment Procedures & Conditions for MusIQ Club:

- Fees are to be paid to Mr.Redha, the school cashier in the 3rd floor admin building no later than March 25th 2012. After this date, Fees will be accepted based on availability of spots in the class.

-Mr.Redha's Office is open from 7:45-3:45 and closed from 1:30-2:30.

-Fees should be paid by an adult, Please do not send the money with your child or in an envelop in his bag.

- Kindly, Bring back the payment slip to Ms.Ereeny's office to be registered online.

-Please note that students can't attend the class unless fees are being paid.

Fees are non refundable, in case of withdrawal

Nature Fun



Available for grades 1, 2, 3, 4 & 5
Meeting day: Monday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Aliaa

We will show you how to grow different plants. You can make your own indoor garden, and many other exciting plants projects using dry leaves.

Origami



Available for grades 1, 2, 3, 4 & 5
Meeting day: Thursday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Maha

Origami is the art of Japanese paper folding. Create your own world by folding paper into toys, animals, boxes, and gifts. It is the magic of turning a simple square of paper into a puppet, a flower, or even a bird without using tape, glue, or even scissors. Through simple steps, you will learn patience and gain self-esteem.

Painting and Drawing



Available for grades 1, 2, 3, 4 & 5
Meeting day: Wednesday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Maha

Students will learn about materials such as paper, paint, and brushes. Using our supplies such as colorful paints and glitter, you will be able to create fun and unique paintings and drawings.

Discover how easy, how fun, and how creative painting can be! Sprinkle in a few crafts, and you have a Painting and Drawing class.

Photoshop



Available for grades 3, 4 & 5
Meeting day: Monday from 4:00-5:00
Meeting Place: E324 3rd floor
Instructor: Dr. Mona

We will learn how to use the tools of the adobe Photoshop and enhance the pictures, change the picture to suit your desire, make funny pictures, and make color and black and white pictures.

Pottery Designs

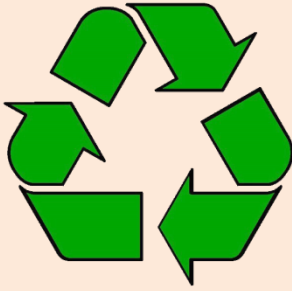


Available on Wednesday for
Grades 2,3,4 and 5 group A from 3:10-4:00
Grades 2,3,4 and 5 group B from 4:00-5:00
(Choose your preferred time)
Meeting Place: MS-Rm 49
Instructor: Mr.Samir

In these classes you will know how to keep the clay in the middle of the wheel. How to open it and how to form different forms such as dinner plates, vases, and teapots etc. Many more ideas of your own can be created.

PS.Bring a painting smock or an extra T-Shirt as You might get messy

Recycled



Toys

Available for

Grades 1, 2, 3, 4 & 5 on Sunday

Meeting Place: EG18 Ground floor on the same row as Egypt Culture classes

From 3:10-4:00

Instructor: Mr. Eduardo

This class approaches environmental awareness through arts and crafts, which is the trendiest fashion in world art today.

We will help the children create their own toys using old newspapers and clean plastic packaging.

Some of them might even be movable.

Our projects that we can be making are,

Manolo the bull

Manolo is our nickname for a bull on a broomstick. With recycled materials kids will make a bull, or a horse, giraffe or any quadrupeds they like.

Bottle Airplanes

With wood scraps and a soda bottle we will make a facsimile of a WW2 airplane.

Recycled Piggy Bank

A fun way to save money will be in a fashioned tin can and wood scraps with papier mache.

Children will see samples of the real thing with a quick introduction.

Please note that this is a messy class, you can send an extra T-shirt or a painting smock

Run for Fun



Available for

Grades 1 & 2 on Wednesday

Meeting time & Place: Track & Field from 3:10-4:00

Instructor: Coach Pamela

Do you want to play tag and never get caught? Do you want to get faster or go farther on the track or playing field? Do you want to have fun? Come join the Run for Fun activity, burn off some steam, set some goals, get fit and get smarter!

Science for fun

Available for

Grades 1 & 2 on Wednesday

Meeting time: 4:00-5:00

Meeting Place: Science LAB, 3rd floor ES building -room # E325

Instructor: Ms. Tomader

Have you ever wondered how ocean currents occur? Can you see a magnetic force field?

Did you ever use compressed air to move things around?



Would you like to make an electromagnet?

Would you like to make a model of an erupting volcano? Did you ever try different materials to produce static electricity?

Have you ever test gravity with different objects?

Would you like to make a tornado inside a bottle?

If you are interested to know about the scientific facts behind these experiments. Come and join us



Available for

Grade 1 on Monday from 3:10-4:00

Grades 2 & 3 on Sunday from 3:10-4:00

Grades 4 & 5 on Sunday from 4:00-5:00

Meeting Place: Middle School Field

Coaches: Captain Omar & Captain Beshoy

Come and join this popular game. Let's kick the ball on the field.

You may only join in if you register for it, so we can give everybody a fair chance to play and enjoy this fun game.



Available on Thursday for

Beginners in grades 1,2,3,4 and 5 from 3:10-4:00

And for

Advanced players in grades 1,2,3,4 and 5 who already have belts

from 4:00-5:00

Meeting Place: Lower Gym

Instructor: Master Moy & Ahmed

Taekwondo is one of the best ways to gain self-confidence and discipline. This course will teach you how to use your own body, hands and legs, in defending yourself and others. Patience and self-discipline are won through tough repeated physical training.

If you wish to take a part in the belt test, it will cost 50\$, or the equivalent in Egyptian pounds.

Also if you wish to buy the uniforms it will cost 300LE

(Kindly pay captain Moy, this is completely optional)

-Register your child in the Beginners group, if your child already has the white belt, or doesn't have any belt and just wants to join in or if your child never had taekwondo before.

-Register your child in the Advanced group if your child has had taekwondo before, and already have a belt, then please register him/her in the advanced group.

UNIQUE CRAFTS!

Available for grades 1, 2, 3, 4 & 5
Meeting day: Sunday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Ms. Dina

Let's Learn how to weave we'll use sticks, strings, yarn, -and cups to keep things in.
Some of our projects will be weaving a wall hanger with yarn
Or a pencil cup, wool doll and weaving bracelets with yarn

WEAVING



Available for grades 3,4 & 5
Meeting day: Wednesday from 3:10-4:00
Meeting Place: Lunchroom
Instructor: Mrs. Shaimaa

Oh! I like to make my own small carpet, or give a handmade present. Want to join me?
Come and make your own weaving project. Hot pot holders or any other creative ideas.

Yarn Creations



Available for grades 1, 2, 3, 4 & 5
Meeting day: Sunday from 3:10-4:00
Meeting Place: Lunch Room
Instructor: Mrs. Maha

Come and have fun with all kinds of colorful yarn. We will Learn how to use colorful yarn to make cute, easy and simple, presents and cards. With yarn and beads, you can have fun making dream catchers and key chains. You can even use your imagination to use pompoms in creating teddies, bunnies, or your favorite animal.

Regards,

Tony Moniz
ES Principal

Ereeny Gawdat
ES Activities Coordinator