

September 30, 2009

Dear CAC Parents/ Guardians,

We are excited that on October 7th the CAC campus will once again be open for all classes. We at CAC would like to remind you of the proactive steps established prior to the campus closure that will facilitate a healthy environment for your children while they are on campus.

Once again we will hopefully limit the spread of any infections among our school community by using the following measures:

- 1) Hand sanitizers are available around campus and in classrooms and their use are encouraged.
- 2) The custodial staff will be frequently wiping high impact surface areas such as the turnstiles with disinfectants throughout the day.
- 3) Staff and students will be encouraged to follow the CDC's recommendations outlined below:
 - Wash hands frequently with soap and water, for 15-20 seconds or alternatively use an alcohol based hand sanitizer and rub hands together until they are dry.
 - Cover your mouth /nose when you cough or sneeze.
 - If you have a tissue, cough/sneeze into the tissue and immediately dispose of the tissue.
 - If you do not have a tissue, cough/sneeze into the curve of your arm.
 - Keep your hands away from your eyes, nose and mouth.
 - Stay away from those who are sick.
 - If you have a sore throat and run a fever, stay home.
 - If you are sick, stay home for 7 days after your symptoms begin or until you have been symptom-free for 24hours (without the use of any fever reducing medicine), whichever is longer.

We encourage you to follow the above preventative measures at home with your family and *stress the importance of keeping your child/children home as described above.*

We hope that this information is helpful to you. Please do not hesitate to contact us at the Health Office (2755-5533, 5530 or atipton@cacegypt.org), should you have further questions or concerns.

Sincerely,
Angie Tipton
Head Nurse
Cairo American College