

Weekly Calendar

Student Council Walk-a-Thon

December 1 at 10:00 am to 12:00 pm - CAC Track

Winter Social

December 7 at 7:00-9:30 pm - Eagles' Nest

Choral Soirees

December 10 in the Choir Room

Drama Evaluations

December 10-11 at 3:30 pm in the Theater

Clerical Day

December 13 - Students Dismissed at 11:30 am

Last Day of First Semester

December 14

Winter Break

December 15-January 7

Second Semester

Classes Resume January 8

Walk/Run-a-Thon

Mrs. Soha Kamel, a Grade 7 Homeroom teacher, and the Student Council are conducting a Walk/Run-a-Thon to raise money for the Children's Cancer Hospital. Their goal is to raise enough money to participate in the naming program, this means that the site/equipment that will benefit from this contribution will be named after the CAC Middle School FOREVER. We hope to find friends that will sponsor this event by donating a sum for each completed lap of the track. Any additional proceeds of the Walk-a-

November 30, 2006

Dear Parents,

The Middle School started out this week with a dance demonstration. It was an inspiration for many and at the same time, very entertaining. It reminded us of what happens when students take risks and try something new - they grow from the experience. Well done to all the dancers for showing us what they have learned and created this semester. Just like the artwork on display in Room 600, we appreciate how the Middle School faculty helps students channel their creativity and talents through various mediums. Students and teachers are also working together to reach out to others in the community through the Walk/Run event and the winter clothing drive. Please take some time to support our students in these worthy projects.

The PTO Book Fair was a perfect example of parents supporting the learning process at CAC. We value reading in the Middle School and the opportunity to access quality literature is always welcomed. Thank you PTO and all those who contributed to the success of this event!

As we enter the month of December, help your child remain focused on their responsibilities in all of their classes. This semester is coming to a rapid close for our students so please do not to extend their time away from CAC with any personal travel plans. We look forward to a positive and productive end to 2006 in the Middle School. Have a good weekend.

Sincerely,

Michael Popinchalk
Principal

Mark Anderson
Assistant Principal



Thon will help support Animal Heaven. This is a voluntary event and will take place Friday, December 1, 2006, from 10:00 am to 12:00 pm on the CAC track. Thank you for your help and support.

Lost and Found

ATTENTION! ATTENTION! With only two weeks remaining in the First Semester, if your child has lost any personal belongings please visit the "Lost and Found" (next to the Campus ID office). After Wednesday, December 13, any unclaimed items will be donated to local orphanages.

Christmas Carols

The High School Chamber Singers are performing a selection of carols at the Holy Family Catholic Church on Road 15, Maadi, on Monday, December 4th at 7pm. The program is less than an hour and features a wide selection of carols. A collection will be taken at the end of the performance to aid the Sudanese refugee program. All are most welcome to attend.

Screaming Eagles Basketball Camp

Looking for some excitement over the winter holiday? The Screaming Eagles Basketball Camp may be just the thing. We teach ball handling, shooting, and defensive skills and offer several fun contests each day of the camp. Campers will be able to swim at their break time this year, as well. The Screaming Eagles Basketball Camp will run from December 17 - 21. It is open for all boys and girls in Grades 3 to 9. Sign-ups are daily after school in the courtyard. For more information, contact Monte Davis at mdavis@cacegypt.org Join in the fun.



Faculty Update

The Middle School needs to report of two staffing changes that will take place in the second semester. Ms. Joan Knox will be taking a well-deserved sabbatical from January to June in order to obtain National Board Certification in the United States. This rigorous process is the ultimate recognition for an experienced educator. She will be based in South Carolina while she completes this goal. Ms. Nada Kaysi will be leaving Cairo with her husband Shelly in December. After many years of service with CAC in the Technology department, she will seek new opportunities to share her skills and talents in the United States. We salute these two fine educators and ask that you wish them well in their future. Next week we will introduce the individuals that are currently working with Ms. Knox and Ms. Kaysi to ensure a smooth transition process.



Schedule at a Glance

Sunday, 3	7D
Monday, 4	8H
Tuesday, 5	1A
Wednesday, 6	2E
Thursday, 7	3B

Clubs and Activities

Are you ready for some American football?? The Super Bowl is coming, Middle School Style! The Middle School will be organizing a four week American Football tournament after school on consecutive Thursdays, culminating in a Super Bowl type game. Students will be given more details next week about selecting a team and game rules.

The scheduled dates are: December 7, January 18, January 25, and February 1 - The Super Bowl

On all the above dates the games will run from 3:15-4:15. There will be a 6/7 and 7/8 division and students will organize their own teams based on the criteria of at least two girl players and at least two from the divisions grade levels. Get thinking about drafting your team!!

CLOTHES DRIVE - "Garments for Girls"

Action is being taken by different associations to support Egypt's national goal to increase educational opportunities for girls in impoverished areas. To implement the initiative, "One-Room Schools for Egypt's Girls," these associations are aiming to build 200 one-room schools for girls throughout various rural areas of Egypt. The Middle School community service class will be helping in this process by running a clothes drive for these girls. Your donations of gently used blouses, pants, skirts, sweaters and jackets to help keep the girls warm will be greatly appreciated, as they will be distributed to 200 poor rural village schools. This clothes drive is now underway and will finish on December 7, 2006. YOUR DONATIONS WILL BE GREATLY APPRECIATED.

PTO Notice Board

PTO MCC Christmas Potluck Luncheon

All parents are invited to the annual Christmas Potluck Luncheon on Sunday, December 10 th from 1:00 to 3:00 pm at 48 El Nahda Street. The garden entrance is on Road 15. Bring your favorite dish and enjoy the holiday cheer. For more information contact Elmare Maurin at maurinfamily@yahoo.co.uk.

CAC Orchestra Holiday Concert

Everyone is invited to attend an afternoon of beautiful strings music performed by each of the after-school beginning, intermediate and community orchestras. The performance will be on Saturday, December 9 at 2:00 p.m. in the CAC Theater. A reception will follow to celebrate the season and their performances.

THREE CHEERS

Three Cheers for Ms. Britt and the Middle School Dance classes for an entertaining assembly.

Three Cheers for Ms. Klimentos, Ms. Knox and their classes for a wonderful exhibition of student art.

Three Cheers for Tedi Quendo, Allison Hein, Keri Walter, Olivia Gellerson, and Sara Klem as they represent CAC in the EMAC Soccer Tournament.

Three Cheers for the PTO who sponsored a great Book Fair.

Three Cheers for Mr. Ridenour on his informative AIDS awareness presentation to the Grade 8 students.

Guidance Corner

WORLD AIDS DAY, DECEMBER 1ST

As part of World AIDS Day, which is tomorrow, the Grade 8 students were involved in a homeroom session on HIV/AIDS. In an age appropriate manner, students were given some basic statistics on HIV/AIDS, how the virus is spread and how to avoid infection. Students were also given a Myth vs. Fact sheet on HIV/AIDS. A short slide show was also shown to students to help heighten their awareness of the scope of the AIDS epidemic and focus their energy on helping to stop its spread. We hope you'll take a few minutes tomorrow to sit down with your son or daughter and discuss HIV/AIDS. Please note that all Grade 8 students will receive more comprehensive information on HIV/AIDS and other sexually transmitted diseases in their Grade 8 Health unit on human growth and development.

Peer Buddies Activities

Twenty-four Peer Buddies met in the counseling conference room last Monday to enjoy a pizza lunch but most importantly to generate ideas on how to improve our CAC welcome for New Students. An extensive Peer Buddy Wish list was developed by this combination of students from Grades 6, 7 and 8. It was developed with great school spirit and a genuine interest to help others. The list was a long one but some of their ideas to improve Peer Buddy services included:

1. A Peer Buddy pizza meal with the new students to get to know each other better.
2. Introduce students to kids that would make nice friends.
3. Have an inside lunch table so Peer Buddies can talk to them and help them with healthy food choices, with the whole group helping each other.
4. Include all new students in what everyone is doing, make them feel comfortable.
5. Make little quizzes and try to find a couple of matches who might make good friends.
6. Make sure they hear about the teams and activities that are going on in middle school.
7. Take them to classes early to meet their teachers.

This list goes on but our next step is for the Peer Buddies to choose the best ideas from the list that will make new students' transition to CAC even better than it is now. Our Peer Buddies are looking forward to helping out our next group of new students that will be arriving this January. They will be in good hands and among friends.