

**Weekly Calendar**

**Global Issues Network (GIN)  
Regional Conference in  
Doha, Qatar  
Water Deficits Fieldtrip to  
Beni Seuf**  
March 11-13

NESA Virtual Science Fair  
March 14-16 in Room 600

**Grade 7 Walk in the Wadi**  
March 17

**Middle School CAT Meeting**  
March 17 at 3:30 pm in the  
Counseling Center

**PTO International Spring Fair**  
March 20 at 11:00 am to 3:00  
pm on the CAC Fields

**Winter Athletic Awards Night**  
March 23 at 7:00-9:00 pm in the  
Theater

**Student Led Conferences**  
March 25, 8:00-11:00 am.

**Spring Break**  
Begins - March 26 / Classes  
Resumes - April 6

**Schedule at a Glance**

Sunday, 14	4F
Monday, 15	5C
Tuesday, 16	6G
Wednesday, 17	7D
Thursday, 18	8H

**March 11, 2010**

**Dear Parents,**

There was a very different feel on campus this week without Spirit Week but the man with the green head, instead of a blue one, reminded everyone what a close race it was between the Middle School Houses.

The teaching and learning process was on full display as we visited classes and next week the NESA Virtual Science Fair will take center stage as our students present scientific processes and information they have collected. All parents are invited to visit the presentations that go on display in Room 600 on March 15. Please encourage your child as they complete their final preparations for this international competition.

We have a number of students travelling this weekend to participate in an ISST Swim Meet or to attend Global Issue Network events in Qatar and Beni Seuf Egypt. Our faculty members make these experiences possible with their work as advisors, coaches and chaperones and we appreciate their professional efforts.

With student led conferences scheduled for March 25 we are reminding all parents to make sure you and your child are present for this activity. The student led conferences provide an important opportunity for students to talk about their learning in the Middle School. More information about these conferences can be found on the CAC web site.

[http://www.cacegypt.org/ms/student\\_conference.html](http://www.cacegypt.org/ms/student_conference.html)

Finally, the Counselors in the Middle School introduced the 2010/11 Middle School Program of Studies today to the students in Grades 6 and 7. This follows the process the Grade 8 students completed as part of their first transition activity for High School. Please take time to talk with your child about their future learning options in the days ahead and remember to follow the time schedule for completing the registration process. Thank you for your continued support of our international learning community and we wish you all a good weekend.

**Michael Popinchalk**

Principal

[mpopinchalk@cacegypt.org](mailto:mpopinchalk@cacegypt.org)

**Andrew Ferguson**

Assistant Principal

[aferguson@cacegypt.org](mailto:aferguson@cacegypt.org)



## Middle School Activities

### THE NESVA VIRTUAL SCIENCE FAIR INFORMATION AND A CALL FOR JUDGES!

The NESVA Virtual Science Fair is underway. This is an exciting, challenging, international project. Students do a traditional science fair project in conjunction with on-line communication with the support of a mentor from another location in the world. This year there are 60 CAC middle school teams participating in this year's science fair. They are in competition with international middle school students throughout the Near East South Asian Region. The NESVA Virtual Science Fair is supported by NESVA and the Office of Overseas Schools of the U.S. Department of State. We are proud to be a part of this program that stretches imagination, fosters communication skills, and enhances science thinking and learning.

The bulk of the scientific research is underway now. Students have developed their questions and are on their way to collecting data and analyzing the results for the local science fair. They should be checking in at least twice a week with their mentors on-line.

All the information on the project expectations is listed in the student manual and in the on-line copy of the manual, on the student blackboard site. This gives details to each portion of the project and how the students are evaluated.

Students have also been given additional details about each part of the project during their science classes.

#### Due Dates and Deadlines:

March 14 Science Fair set up- Backboard and all final materials due.

March 15 Science Fair presentation and judging throughout the day

There will be open community hours from 5:00-6:30 pm on the March 15 to allow parents and friends to view the work and for the final judging to take place.

March 16 Science Fair break down – all materials out of Room 600 by 3:15 pm.

March 17 CAC winners announced

March 18/19 Final Mentor Update and Thank You due from Students

April 20-27 Winners of the local fair compete internationally in round two by having their websites evaluated by a team of judges and answering (on-line) a series of questions about their project.

April 29-30 Winners of Round 2 announced.

May 2-10 Champion's League round for the top five international teams. Students will answer to questions left by a "great scientist" through the on-line site.

May 12 Final results are announced.

#### Ways you can help support this project:

1) Science Fair Judges are needed. If you are available March 15 during the school day (for part or all of the school day) and interested in helping judge projects following specific guidelines and rubrics, please contact Cathy Berghahn [cberghahn@cegypt.org](mailto:cberghahn@cegypt.org) or Susan Belal [sbelal@cegypt.org](mailto:sbelal@cegypt.org) or Tish Newmyer [tnewmyer@cegypt.org](mailto:tnewmyer@cegypt.org) or Carissa Melk [cmelk@cegypt.org](mailto:cmelk@cegypt.org). There will be some guidance and training given to those who volunteer.

2) Come to see the projects on March 15 from 5:00-6:30 pm, as our students show off their hard work.

3) If you are a parent of a participant, ask questions about the research projects and how they are progressing. Try to keep students making steady progress a little bit at a time to meet the final deadlines.

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#### EMAC Junior Arts Festival

Congratulations to the following students who will represent the CAC Middle School at the EMAC Junior Arts Festival in Dubai from April 14 to April 18.

Band: Nadine Akari, Dorien Butter, Hannah Everhart, EunHee Lee, Taymour Sharawy, Lara Zaki.  
Choir: Songar Ideus, Parth Bhatnager, Micah Seneshen, Nasir Waheed, Patricia Oldani, Megan Bestor  
Drama: Aminah Keevy, Lucy Nehring, Mark Khalil, Kielan Croft  
Visual Arts: Michelle Sader, Camilla Rechchad, Janet Wright, Abdullah Yasser Hassaballah

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### **Warmer Weather in Egypt – Important Health Tips**

We are heading into our warm weather season and so it is time for some Spring/Summer time reminders. Remember to: 1) Drink, drink, drink! Our bodies dehydrate quickly with the arrival of higher temperatures. 2) Wear sunscreen everyday. 3) Wear a hat and sunglasses to protect your head and your eyes. 4) Dress appropriately. Layer your clothing so you are warm on the cool mornings but able to shed that outer sweater when the temperature rises throughout the day.

We have also recently seen an increase in students not eating breakfast prior to coming to school. Breakfast has been proven over and over to be the most important meal of the day, especially for young growing bodies. Please remember to eat breakfast!

We are almost through the cold and flu season, but hygiene protocols continue throughout the year. Protocols include washing hands frequently, especially prior to eating. Cover your mouth and nose, with the curve of your arm, when sneezing or coughing. Stay home if you are ill.

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### **Student Safety at CAC - We Need Your Help with Student Drop-Off and Pick-Up**

Thank you for helping us keep children safe during drop off and pick up. For those new to CAC and as a gentle reminder, please follow the guidelines below so that we can work together for a smoother and more efficient experience.

- When you or your drivers are dropping-off your child/ren, please have them prepared to get out of the car as quickly as possible.
- After dropping-off, move forward immediately to avoid additional delay.
- The passing lane is intended to be in constant flow. Please do not stop in the passing lane to pick-up or drop-off. It is very dangerous for children to cross traffic between cars.

Thank you for your cooperation and support. Let's all work together to ensure a safe and efficient drop-off and pick-up of your child/ren.

Larry Kraut  
Business Manager

## **COMMUNITY ANNOUNCEMENT**

Maadi Little League Baseball Late Registration - if you missed the registration, please come on Saturday March 13th to Victory College between 9-12 for late registration. Fees are \$60 or 330LE. If players are 11 or older they will need to participate in a skills assessment as well. Teams will be formed right after so get in on the Springtime fun!

## **PTO Announcements**

### **Calendar of Events During 2010**

March 20 (Saturday): International Festival  
April 14 (Wednesday): 1:00 – 3:00 pm – PTO Luncheon  
April 29 (Thursday): PTO Gala  
May 13 (Thursday): Faculty/Staff Appreciation

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## PTO International Fair March 20, 2010

In order to set up for the PTO Spring Fair, the CAC campus will be closed to the community beginning at 8:00am on Saturday, March 20. Ticket holders will be admitted to the event beginning at 11:00am and at 3:00pm all CAC ID holders will have access to the campus as usual.

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### Have you noticed the buzz around campus?

On Saturday 20 March we are proudly looking forward to celebrate our international diversity here at CAC. Students, parents and teachers from 45 countries will be providing you with a day of great food, wonderful performances and lots of fun activities. If you would like to join please buy the tickets in advance. We will be selling tickets every afternoon next week after school at the front gate. Tickets will be 10 LE which includes one coupon which can then be used on the day for food or drink or your chance to win one of those great theme baskets for which we have graciously accepted your donations the past few weeks. **Please note that this event is for CAC ID Card holders only** - - No Guests Allowed.

For more information contact Ineke Hodder [imhdder@mac.com](mailto:imhdder@mac.com), 0166046797

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### Book Fair for 2010

The PTO Board is seeking a BOOK FAIR Chairman/Co-chairmen for the upcoming 2010 Book Fair!! This is a fantastic annual event which everyone looks forward to. The Book Fair provides our students and families with an opportunity to purchase books from a wide selection of popular children and adult titles! The Book Fair each year is an important fundraiser for the PTO in general and many parents participate each year as volunteers! Please contact the PTO President, **Bency Zacharia** ([bencyzac@hotmail.com](mailto:bencyzac@hotmail.com)) if you are interested. We need to start the book ordering process soon and need a new Chair/Co-chair in place now!! This is a wonderful opportunity to get involved with the school and the entire PTO!!!

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## THREE CHEERS

*Three cheers for the Middle School students competing in the ISST Swim Meet – show them your skills!  
Three cheers for the students and faculty who are involved with Global Issues Network events this weekend –  
share your insights and take action!*

*Three cheers for the Middle School students preparing to participate in the NESAs Virtual School Science Fair!  
Three Cheers for all the Middle School parents who attended the Parent Forum this week or have volunteered to serve  
as Science Fair judges or support the PTO International Fair!*

***In this week's News and Views, we continue with our series of informational tips on how to improve your students' social skills. We begin again with tips number 5 and 6.***

### **5. Complying with reasonable requests**

1. Look at the person making the request.
2. Use a pleasant or neutral tone of voice.
3. Acknowledge the request by saying "Okay" or "Sure."
4. Promptly complete the requested activity.
5. If you are unable to do so, politely tell the person that you cannot do what he or she requested.

### **6. Following rules**

1. Learn what rules apply to the current situation.
2. Adjust your behavior so that you are following those rules exactly.
3. Don't "bend" rules, even just a little.
4. If you have questions, find the appropriate adult to ask about the rules in question.

Extracted from: Calderwood School website

<http://www.pesd92.org/schools/calderwood/gbt/skills180.htm>

*Ms. Jo Jean Schulte* **A-K**

*Mr. Patrick Kimerer* **L-Z**