

Weekly Calendar

May 22, 2008

Dear Parents,

Middle School Farewell Social

May 22 at 7:00-9:30 pm in the High School Gallery

Middle School/High School Band and Strings Concert

May 26 7:00 p.m. CAC Theater

Community Strings Concert

May 31, 2:00 pm - 4:00 pm in the Theater

Grade 8 Promotion Night

June 2, 7:00-9:00 pm in the Theater

Grade Level Celebrations

June 3

Middle School Farewell Assembly

June 4, at 10:30-11:15 am in the Theater

Last Day of School

June 4, Students Dismissed at 11:30 am

The new safety wall for the construction site has gone up and our students have adjusted well to this new landmark. We are now awaiting the arrival of the first group of workers who will lay out the infrastructure for the shorten track. On June 1 the major contractor for the construction of the Elementary School will arrive on the site to begin preparing for the excavation that will begin once classes finish on June 4. We appreciate the support of the students and faculty in this process and we welcome any questions you may have as parents by simply writing to us and then we can address it in our weekly comments.

The Middle School social tonight will highlight another week of classes and activities. It is a time to celebrate the future transition of our Grade 8 students to High School. In the days ahead, we will wish all good things to those students and families who are leaving CAC in June to attend other schools in the future.

Completing course content, concerts, drama evaluations and planning for next August are all on the agenda in the Middle School for next week. Parents are asked to be on the look out for an on line survey related to the teaching of French and Spanish in the Middle School. We conducted a survey for Arabic last year and are now seeking additional information on French and Spanish for future planning. We thank you for your support of our Middle School learning community. Have a good weekend.

Sincerely,

Michael Popinchalk

Principal

mpopinchalk@cacegypt.org

Mark Anderson

Assistant Principal

manderson@cacegypt.org

Schedule at a Glance

Sunday, 25	6G
Monday, 26	7D
Tuesday, 27	8H
Wednesday, 28	1A
Thursday, 29	2E





Cat Team Membership Vacancies for 2008-09 - Last Call!

The CAT Team's purpose is to provide the Principal with insight and counsel on current and long-range issues that support a shared vision for the Middle School community. The Middle School CAT Team is made up of parent representatives from each grade level. The group meets once a month. There are anticipated vacancies for the 2008-09 school year. If you are a parent of a student in the Middle School for 2008-09, and have an interest in serving as a CAT Team member please email Michael Popinchalk (mpopinchalk@cacegypt.org) or complete an application form. Applications should be submitted by May 25 and the results will be announced in the News & Views on May 29. Thank you for your interest and support of the Middle School CAT Team.

[Click here to download CAT Membership Application \(PDF Format\)](#)

Middle School Activities

World Languages Department Annual Fair "Sustainability 2008" - May 25

The entire CAC community is cordially invited to join the World Language Department for a special one-day event (8:00 a.m. - 4:00 p.m.) supported by the K-12 French, Spanish and Arabic language students. Please come to the second floor of the new gym to help support our First Annual World Language Department Sustainability Fair. World Language teachers and students will be on duty at all times to help direct you. Your attendance sends our youth a clear message that YOU CARE about their future. We look forward to your participation - merci, gracias, shokran!



Middle School and High School Band and Strings Spring Concert

The final Middle School and High School band and strings concert will take place on Monday, May 26 at 7:00 p.m. in the theater. This is the culminating event and the last time for the Seniors in the band and strings to perform. All parents are invited to attend and we look forward to seeing you there.

NESA Virtual Science Fair- Second Round of Results

CAC Middle School students were proud participants in this year NESAVirtual Science Fair (NSVF). The top four teams from our local fair went on to the second round of the competition against students in Grades 6-8 from international schools across the NESA region. Their work was judged online and they responded to questions left by teams of judges from various locations through out the world. There were 420 teams participating in the NVSF this year including schools in Riyadh, Jeddah, SAS ARAMCO, Tel Aviv, Jerusalem, Dubai, Doha, Dhaka, Islamabad, Beirut, Muscat, Cairo, Johannesburg, and Gambia. All of our teams did well and we are very proud of their representation of our school.

Special recognition goes to Matthew Alvarado-Ross and Christopher Harding who took 1st place for the Best Seventh Grade Physics Project and 13th place in the overall competition. Ehab El Maghraby and Hisham Hijjawi came in 14th place overall and Han Sol Lee came in 24th place overall.

Although none of our teams made it to the top 5 ranking that will move on to the championship round, having three teams in the top 25 is a very respectable and consistent showing for CAC. This is our second year in the competition and the quality of the student work continues to improve.

We are also very proud of one of our teacher mentors, Ms. Sandra Gutenkunst, for her support of a team from Tel Aviv that is now in the championship round. One key aspect of this program is the teachers and scientists who support the students as on-line mentors. Sandra has been identified as one of this year's best mentors.

Thank you to everyone who supported the NVSF project this year including parents, teachers, fellow students, community members and administration. We look forward to next year's competition as CAC students continue to make us proud.

2007/2008 Middle School Community Service Activities

During the 2007/2008 academic year, our Middle School community service students were involved in a variety of outreach activities. These Middle School students were introduced to the various skills necessary for an effective and successful service experience. We are very proud of all our Middle School students who reached to the community during classes, Student Council activities, and personal initiatives in order to make a difference in the lives of others. We are also proud of the students who took part in the first Middle School Environmental Action class this year. These classes and activities reflect our commitment at CAC of promoting respect, responsibility and integrity within the community.

Grade 6: Involved in a variety of service projects at Awaldi Orphanage.

- Teaching and working with the children of Awladi on various arts and crafts projects.
- Introducing the children to a variety of games and sports activities.
- Working with the babies on motor skill development exercises.

Grade 7 and 8: Involved in a variety of service projects at various service sites in Maadi.

- Students worked on typing and editing articles written by elementary students in preparation of the publication of 'Let's Discover', a magazine written by CAC Elementary students, to be distributed to the Girl Friendly Schools in Egypt, public libraries and orphanages.
- Food drive during Ramadan for the benefit of needy families.
- Clothes drive for the benefit of the Girls Friendly Schools in Egypt.
- Involved in the presentation of the Stand Up Against Poverty event with High School students.
- Worked at Resala Association in food packaging for needy families.
- Worked at Resala Association sorting clothes which have been donated by members of the community for the benefit of needy families.
- Sorting medication which is to be distributed free of charge to needy families.
- Typing stories in Braille for the visually impaired.

- Working with KG aged children at the orphanage of Resala Association, introducing them to a variety of arts and crafts activities.
- Working at Branches of the Vine Center with children diagnosed with autism and down syndrome.
- Working at the Children's Center with children diagnosed with cerebral palsy.
- Planning and involved in fun activities with the Children of Awladi Orphanage.



Katie Piner and Kylie Caliteux raised over 4,500 LE this year, through cupcake sales, to provide the Alwadi Orphanage with important Audio-Visual equipment to serve the learning needs of the children.

Grade 8 Promotion Night

Please remember that the Grade 8 Promotion Night is on June 2, at 7:00 pm in the theater. Due to theater capacity, each Grade 8 student will receive only two tickets, but students may request ONE extra. Tickets will be sent home on Tuesday, May 27. Students are requested to dress for this formal occasion while respecting the school's dress code. Boys should wear long dress pants, a shirt and tie if available or a suit if he has one. Girls are requested to wear a nice dress or outfit. Girls who have purchased a dress with spaghetti straps are requested to wear a shawl. **There should be no sports shoes, shorts or jeans at this formal event.**

Parental Reminders

End-of-Year Obligations Procedure for Students

To ensure that Middle School students complete all of their end-of-year obligations, we are asking that parents remind their children that they must return all CAC textbooks and library books before the end of the school year. Any lost books must be paid for before they can receive their fourth quarter report or for departing students - their transcripts. Thank you for your understanding and support to help students meet their end-of-year responsibilities.

From The CAC Health Office

It is the end of the year, and we are all looking forward to summer. All new students at CAC and all returning students entering Grades 7 and 9 need to have a physical completed by a physician for the next school year. The forms will be sent home with your student, or you can access the form on the website under Health and Safety. Please be sure the form is fully completed and return to the Health Office no later than September 1. Routine physical checks ensure your children are healthy, growing well, and able to learn and participate fully at school and on all field trips. Have a great summer!! Mary, Claire, Elaine, and Naglaa in the Health Office

CAC Events Calendar 2008-09

Next year's calendar of events is now online! You can access the calendar from the CAC webpage by clicking on the **Events Calendar** link in the menu on the left side of the screen. This link will take you directly to the condensed version of our calendar which highlights the important punctuation marks in the school year - Parent Teacher Conference Days, Early Release Days, and of course, the Holidays. From this page there is also a link that will take you to the detailed monthly calendar of events. This is an interactive document that allows you to filter events and customize the calendar view to meet your personal planning needs.

Happy Surfing, and an early welcome to the 2008/2009 school year.

Moving on from CAC?

In order to help CAC plan for the school year 2008/2009, please inform the Registrar's Office if your student(s) will be withdrawing from CAC at or before the end of the current school year. Please do so by calling 755-5507/08 or e-mailing: withdrawal@cacegypt.org

LOST AND FOUND CLEARANCE – JUNE 1ST!

Time is getting short – soon it will be the end of the year. Please check "Lost & Found" regularly for missing clothing, items such as: swim bags, lunch bags, water bottles, plastic food containers, prescription glasses, sunglasses, caps, sweaters and jackets (all sizes), goalie gloves, scooter, sport shoes, watches, mobiles, and a battery for a digital camera (Panasonic).

Please note that Sunday, June 1, will be the last day to pick up any lost items! The remaining items will be donated to local orphanages on Monday, June 2.

Community Announcements

After-School Strings And Orchestra Concert

Everyone is invited to the annual end of the year concert performed by the CAC After-school Strings Program Students, as well as the Beginning Orchestra conducted by Jenny Jeong, the Intermediate Orchestra conducted by Vladimir Shim, and the Community Orchestra conducted by Will Pattie. Please join us for an afternoon of beautiful strings music performed by these young musicians and community members on Saturday, May 31st at 2:00 pm in the CAC Theater. As always, there will be a festive reception afterward.

CAC LIBRARY End-of-the-Year Dates (May - June 2008)

Notice of Closure

Wednesday, June 4 - The last day of school for students. The library will close at 1:45 PM.

End-of-the-Year Due Dates

(All library items need to be returned by the following days)

Thursday, May 22 - ALL STUDENTS – Elementary, Middle and High School

Closing Shelves to Prepare for Summer Borrowing

From Thursday, May 22 to Thursday, May 29 we will be closing our shelves in preparation for summer borrowing (Note: While the library will be open on Saturday, May 24, no items can be checked out as we account for all library materials).

Registration for Summer Borrowing (forms will be available at the library circulation desk and all accounts need to be cleared)

Starting Thursday, May 15 to Wednesday, June 4

(Note: this is NOT the beginning of summer borrowing, only the beginning of when to *register* for summer borrowing).

Summer Borrowing (5 days)

Saturday, May 31 to Wednesday, June 4

On this Saturday only Summer Registration and check-out services will be available.

THE LIBRARY WILL BE CLOSED DURING THE SUMMER

Library book-drop boxes will be available starting Wednesday, August 6

School & Community hours will resume on the first day of school, Tuesday, August 12

THE SCHOOL STORE IS MOVING!

Due to the construction of the new Elementary School the School Store will be moving to a new location. Beginning in August we will be located on the first floor of the Applied Technology building, immediately behind Jared's Bagels High School location. The logistics of this move requires that we close a little early this year, so we are announcing that our final day to be open is May 28, 2008. We hope that this does not cause you any inconvenience and we look forward to serving you next August from our new location!

Sincerely,
Abdel Nasser Habib
Business Services Manager

Booster Club

CAC parents and sports fans, we need your help! The last Athletic Awards Night for the year is scheduled for Tuesday, June 3rd at 7:00 P.M. in the CAC Theater. Booster Club needs photos of your students involved in Spring Season teams to create the slide show. If you have game, practice, travel, or just fun photos of you or your child or their teammates, please email Melanie Nelson at: melanieextex@hotmail.com and arrange to either put the photos on a CD or a memory stick and get to her as soon as possible.

As ISST athletes only return to school on June 1st and the Awards Night is June 3rd, you can see that the turnaround time to create the slide show is extremely short this season. Travel commitments also require that the show is complete except for ISST photos before May 20th.

To all EMAC athletes, congratulations on your great season! Turn your photos in from the season and EMAC tournaments as soon as possible. Varsity and JV teams included this season are: JV Boys & Girls Softball, JV & Varsity Track, Varsity Boys Baseball, and Varsity Girls Softball.

Booster Club wants to include all teams in the slide show but it is up to you to provide the photos of a great season! Congratulations to all our athletes this season and thanks to all our parents for your support!

PTO VACANCIES 2008-2009

Dear Parents,

Our PTO Board 2007–2008 has enjoyed a great year working together; developing close friendships whilst working towards the same cause. Sadly, some of us must move on or have completed a two year period in their respective positions. To allow us to continue organizing events for our children, parents, faculty and staff and to raise money to benefit our children, please consider coming on board to work with our great team. We have the following vacancies:

- President – Chair and coordinate all PTO Board meetings. Liaise with the school Administration Staff and Board of Trustees, attending meetings as necessary.
- Vice President – Act in the President`s capacity when he/she is not available.
- Secretary – Take minutes of meetings and send a monthly report to the Board of Trustees.
- Treasurer – Monitor the general ledger to ensure debits and credits are correct. Liaise with accounting department and produce monthly reports at the PTO Board meetings.
- Publicity Coordinator – Send news to the weekly Elementary School, Middle School, and High School newsletters and other publicity work.
- Volunteers Coordinator – Help find, arrange, and coordinate volunteers for various events. Keep the volunteer database updated.

If you are interested please call Karen Pettigrew at 2519-6414 or 010-276-9446 or e-mail pettigrew_gk@hotmail.com

THREE CHEERS

Three Cheers to Nathan Figueroa for returning an I-Pod and set of headphones he found outside on a school bench!

Three Cheers to the Grade 6 Peer Buddies who have helped with the orientation program for the Grade 5 students at CAC!

Three Cheers for Kylie and Katie - your caring and commitment to community service is a model for all the Middle School!

Three Cheers for the Middle School as they have shown flexibility with the arrival of the new boundary wall!

Three Cheers for the Middle School CAT Team - we appreciate your commitment to making our learning community stronger!

Counselors Corner

Time of Farewell

Probably the best known model of transition has been developed by David Pollock. In his model there exists five phases: 1) involvement 2) leaving 3) transition 4) entering 5) re-involvement

For some of our CAC families they are now in Phase Two of this model: **Leaving**.

A key change that occurs when moving to phase two is in the time-orientation. Whereas involved people live in the present, those leaving begin to shift from the present to the future. People on the way out are typically, and hopefully, recognized through farewell parties, asked multiple questions focusing on "Where are you going?" and begin to form a type of closure in their relationships with others.

A symptom of this phase is the sense of distance one may experience. As one prepares to leave, a loosening to ties, letting go of roles and disengagement occurs. Some do this more gracefully than others, and we often see students purposefully creating situations in which distance occurs. We must remember that the roots must be carefully disengaged, and some students may need help in this process of disengagement without feelings of rejection or resentment. Although intellectually students may understand that future plans do not include them, it may still hurt.

One warning sign that a student is disengaging abruptly, and may need assistance and understanding, is an increase of conflict and anger toward friends. Although a less functional manner of disengagement, it will successfully help children in the psychological protection they may feel necessary to avoid the pain of leaving and the sense of loss that accompanies this. For some people it seems easier to leave someone who you are angry at, instead of leaving a friend. It is important that we help students resolve these, and past conflicts as the "unfinished business" will accompany the person to the new location, leaving them with a feeling that they are unable to successfully retain friends. Particularly when it is probable that the two conflicted people will not see each other again, it is important to reconcile differences.

This phase is an emotion-filled time, for those leaving and those being left behind. Many of the emotional reactions associated with grief and loss occur during this phase. It is important to remember that the quality of one's leaving experience often defines the transition experience. Therefore, the leave-taking activities and rituals are considered by many to be one of the most critical intervention points for the international school.

Ms. Jo Jean Schulte A-K

Mr. Patrick Kimerer L-Z