

**Weekly Calendar**

**September 10, 2009**

**MAP Standardized Testing**

An Ongoing Process Until  
September 30

**Middle School Iftar**

September 16 at Sunset – Middle  
School Field

**International Day of Peace**

September 17 – All School  
Assembly at 8:15-9:00 am

**Eid El Fitr Holiday**

September 20-21

**Middle School 24 Hours  
Drama**

September 24 and 25

**Polar Updates**

September 24

**Dear Parents,**

As we finish the first month of classes we want to share with you one of the best things in our work here in the Middle School – talking to the students. It may be out on the field, while visiting a class or during a break but we really enjoy hearing the students talk about their experiences within our learning community. Based upon these conversations we believe the students continue to make positive transitions to their new courses and class activities, are building positive relationships with their peers and are truly engaged in learning. So many good things have happened since we started classes in August and we thank you for your support as parents in this process. You can continue being part of the Middle School by joining us at the Pot Luck Iftar on Wednesday evening and the Peace Day celebrations on Thursday. These annual events at CAC reinforce our commitment to cultural understanding and internationalism. We look forward to seeing you on campus next week. Have a good weekend!

**Michael Popinchalk**

Principal

[mpopinchalk@cacegypt.org](mailto:mpopinchalk@cacegypt.org)

**Andrew Ferguson**

Assistant Principal

[aferquson@cacegypt.org](mailto:aferquson@cacegypt.org)

**Schedule at a Glance**

Sunday, 13	4F
Monday, 14	5C
Tuesday, 15	6G
Wednesday, 16	7D
Thursday, 17	8H



**Middle School Activities**

**Student Physicals and Health Records**

Each student in the Middle School needs to have the "Annual Student Information" form turned in to the CAC Health Office. All Grade 7 Students and Middle School students new to CAC are reminded that you are required to pass in a medical examination and updated immunization records. If you haven't already done so, these must be passed in to the CAC Health Office and you may place these records in a sealed envelope. The deadline for submitting these health records is **Wednesday, September 16 by 3:00 p.m.** Thank you for meeting this important deadline.

**Measures of Academic Progress - MAP**

During September all Middle School students will be participating in a standardized assessment program, the Measures of Academic Progress (MAP). Between September 8 and September 30, 6th 7th and 8th Graders will be taking Reading, Language Usage and Math assessments, with the various tests scheduled during regular core class time over a three

week period. Grade 6 and 7 students will also take a science assessment in their science class time. Developed by the Northwest Evaluation Association (NWEA) based in Oregon in the northwestern United States, the tests are administered in a computerized format. Unlike more traditional standardized testing formats, the school and parents will have more timely access to the results of the exams, providing accurate and relevant measures of what a student knows and needs to learn. MAP tests measure academic growth over time and will be administered three times a year. CAC is involved in this testing process along with a number of leading international schools located in the Middle East and South Asia. Please encourage your child to do their best during these testing sessions. More information about the test is also available by following this link: [www.nwea.org/assessments](http://www.nwea.org/assessments)

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### **Ramadan Kareem – Pot Luck Iftar!**

The Middle School will embrace the month of Ramadan by holding our annual Potluck Iftar on Wednesday, September 16, at sunset in front of the Middle School. All families who would like to participate in that event are welcome. We are working this year with the Middle School CAT team to organize a special celebration of our international school community. Please join us on that evening to enjoy the spirit of Ramadan and experience some great Egyptian and international food.

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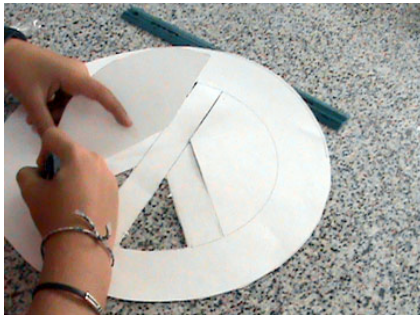
### **International Peace Day**

Next week the Middle School will take time to reflect on the concept of Peace and at the same time be part of a global celebration! Join the millions of people world-wide to promote peace and an end to conflicts—both personal conflicts and political conflicts. The entire CAC community will show our support for peace on Thursday, September 17 with a short assembly on the High School field. Various activities related to peace will also take place in classes and during the Homeroom Advisory period.

You can support peace by

- 1) Writing the word "peace" in your native language on the bulletin board on the first floor. You can sign starting on Sunday.
- 2) Practicing the Peace Song that will be sung during the assembly.
- 3) Wearing white on Thursday, September 17 to the assembly.
- 4) Buying a CAC Peace t-shirt from Sunday until Wednesday after school at the main entrance. Larger sizes are in short supply so come early to buy one. They cost 60 LE.

May peace prevail at CAC and on earth!



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### **Middle School 24 HOUR DRAMA Thursday September 24th and Friday September 25th!**

We will have the great Middle School 24 Hour Drama experience of fun and excitement here at CAC during the month of September. Five workshops will be presented by Mr. Hadley's advanced actors and outside professionals will be coming to work with the students on stage combat, belly dancing directing and Commedia dell'Arte. All Middle School students are invited but you must be registered by Thursday, September 10th to facilitate the planning for this event. Please contact me with any questions. Mrs. Sue Yendall - Middle School Drama

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### **Before and After School at the Middle School**

Students who stay on campus after school should be in a school sponsored activity, visiting a teacher or working in the library. Students who stay after school and are not in an after school activity are strongly encouraged to go home at 3:30. If they remain on campus they will be assigned a study place until they leave campus. Thank you for your support and cooperation.

Please help ensure that your children are on time to school. Students are called to their first period class or Advisory period at 7:55 each morning. Punctuality helps your child with their academic responsibilities. Together in partnership we strive to ensure all students are challenged, included and successful.

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### Reminder - Middle School Student ID Cards for 2009-2010

This year CAC will be re-issuing all Middle School student ID Cards. If your child did not secure one or has lost it, the CAC ID office is open from 8:00am – 3:00pm during the school week. Please return your old ID card to help with the process. Students who try to enter campus with invalid I.D. cards may be denied access to campus anytime after 5:00 p.m. in September.

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Grade 6 Design Technology Students Assemble Solar Cars



Middle School Performing Arts Classes in Action

### From The CAC Library

Calling all Middle School Parents - the CAC Library is for parents, too! The library welcomes parents from 3 to 4 each afternoon during Ramadan, as well as Saturdays from 10 AM until 2 PM. Visit the library and enjoy current magazines and newspapers, travel guidebooks, audio books, the latest graphic novels, and terrific fiction. The library's extensive collection includes a wide range of books about Egypt and the Middle East. Right now, hundreds of brand new books are displayed and available for check out. So visit CAC Library and find what's right for you. If you need help using the library, be sure to ask one of the library staff for help.

The CAC Librarians

### Community Announcement

We are pleased to announce that CAC is the winner of the ISST Best Varsity Average Results for 2008-09 and was awarded the "Eddie Hufford" Trophy!! This means that in all ISST activities at the Varsity level, CAC had the highest total finishes of all participating schools!! Obviously we are very proud to have won this title and take this opportunity to thank all our coaches, parents, and of course, our athletes. Go Eagles!

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## **BOOSTER CLUB SPIRIT WEAR SALE!**

A Sale will take place on Tuesday, September 15 and Wednesday, September 16 from 3:00 to 4:00 at the front entrance outside the Health Office. There are new T-shirt designs, PJ pants, bags, sweatshirts, football capri pants, and many other items. The sizes range from Youth Small to Adult XXL.

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### **Going Green - Sold Out! More Coming...**

Due to the popularity of the Kleen Kanteen stainless reusable water bottles, another order will be placed. The product line will be expanded to include three bottle sizes (M, L, and XL). Next week, CAC community members are invited to visit the Green Team sales table located outside the Theatre at lunch time or at the Front Gate after school to place an order and pay in advance. Expected date of delivery is January, 2010. Thanks to everyone who is striving to reduce unnecessary waste and "Break the Disposable Plastic Water Bottle Habit"!

CAC Green Team Committee Members - Dave Oswald and Jennifer MacPherson

## **THREE CHEERS**

Three Cheers for all the students who stood as candidates for representatives in the Middle School Student Government elections - well done!

Three Cheers for all those who donated hats for the children of the cancer Hospital!

Three Cheers for all the parents who serve on the Middle School CAT Team – come to the Middle School Pot Luck Iftar and meet them!

Three Cheers for all those who took part in the intramural basketball activities at lunch or signed up for the 24 Hour Drama experience - we appreciate your interest to get involved!

Three Cheers for a positive month of teaching and learning in the Middle School!

## **Counselors Corner**

### **Choosing One's Friends**

All children go through many phases with their friends. Sometimes they will belong to several groups and have a lot of friends. Sometimes they will only have a close group of a few friends. And sometimes they'll shy away from being social with anyone. Everyone has to choose their friends while they're growing up—talk to your child to make sure that he or she makes good decisions when choosing friends.

- Ask your child why she likes her friends. If she says she doesn't know, ask her to think about it for a couple days and bring up the subject again later. Getting her to think about why she has the friends she does can help her make good decisions now and in the future.
- Similarly, if your child stops spending time with a friend or a group, ask about it. Keep in mind that some of your child's reasons, such as "He picked me last when we played basketball at recess," may sound silly to you, but they are very serious to your child—you can try to reason with him, but do so gently.
- Talk to your child about the friendships you've had—why certain ones have lasted a long time, why others didn't work out, and what you like about your friends.
- Ask your child what she values in a friendship, and tell her what you value. You may find that your priorities in finding friends are very different.

Even though it can be difficult for kids—and even adults—to specify *why* they like the friends that they do, it can be very beneficial to spend some time thinking about it. If your child can begin to figure out which qualities he appreciates in friends, it will become easier for him to choose friends in the future. And if you can show your child that positive qualities are part of what makes good friends, he will be more likely to build positive friendships that will have a good influence on his life for a long time to come.

[www.mvparnets.com](http://www.mvparnets.com)

*Ms. Jo Jean Schulte* **A-K**

*Mr. Patrick Kimerer* **L-Z**