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## What's For Lunch

**Sunday** – Baked potatoes with cheese sauce & butter + grilled vegetables + apple cake = 12 LE

**Monday** – Pizza + wafer + juice = 7 LE for 1 slice; 10 LE for 2 slices; 12 LE for 3 slices.

**Tuesday** – Baked chicken fingers + potato wedges + fresh fruit = 12 LE

**Wednesday** – Beef stew + white rice + fresh fruit = 12 LE

**Thursday** – Pasta with meat sauce/tomato sauce + cheese + steamed vegetables + fresh fruit = 12 LE

### Important Dates

#### Sunday, October 15

5th Grade Iftar

#### Monday, October 16

Giza Pyramids Trip  
1R  
8:15 a.m. – 12:15 p.m.

#### Thursday, October 19

Pre-K Sing-along  
12:00 p.m.  
Room 600

#### Giza Pyramids Trip

1L  
8:15 a.m. – 12:15 p.m.

#### ES After School Activities

Session I Ends

## Principals' Note

Hello Everyone,

What a stimulating week this has been in our elementary school! On Sunday, busy hands and detailed planning resulted in yet another Iftar for our custodial staff, this time by 5L and 5D classes. We thank the parents who worked alongside their students and teachers filling our lunchroom with the aroma of good food and the sounds of cooperative voices.

Also on Sunday, we welcomed Janet Parsons, a teacher, mathematician and child-learning researcher. She is here as a consultant for Math Trailblazers working with our classroom teachers. Grades PreK through 5th teachers and our ESL team all had time talking about what works in mathematics classes. Here are some of the questions they investigated together:

What are good questions? How do we assure that all children are included in a lesson? How do we best differentiate a lesson? What assessments work best? What does good communication amongst students look like? What are the BIG ideas in math? How do children learn the facts? What strategies work for most students?

On Monday evening, about fifty parents attended a forum in which Jan shared some strategies and practices that are typical of the philosophy of the Math Trailblazers program. It was definitely a "hands on" experience for parents as they worked through an actual fourth grade math lesson. Jan ended her week by teaching lessons in three classrooms with our teachers observing. We are privileged to have had a stimulating week of professional development right here on our own campus.

Some parents attended an interactive session by our elementary counselor Rhonda Chavez-Moore. They learned about various parenting styles and were able to identify preferred traits. With a bit of role playing, they were more able to see their own parenting styles. Ms. Chavez-Moore also shared some parenting tips from kids.

Parents, please look for both of these forms coming home today: Parent Conference Sign Up and the new After School Activities. Be sure to return them on Sunday, so that we can begin the scheduling. Report cards go home on November 27, and Parent Teacher Conferences will occur on November 28.

I hope you all have a great weekend. If you visit the pool on Friday afternoon, you are sure to see some great swimmers in action at the Time Trials!

Sincerely,

**Gail Neff**

Assistant Principal

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**Important Announcement Re: October Holiday**

CAC will adjust its calendar to accommodate the government Eid El Fitr holidays which are: Tuesday, October 24th, and Wednesday, October 25th. Parents please note that students will be off school from Friday, October 20 to Wednesday, October 25 inclusive. Classes will resume for all grades on Thursday, October 26.

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**Reminder**

Roller shoes and flip-flops are NOT allowed in the Elementary School

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## Announcements

**BOOK FAIR NEWS**

This Sunday, October 15th, is the last day to turn in your pictures for the coloring contest. Please remember to draw pictures of jungle animals in bold colors and outlined in a dark color. We have only received about 25 pictures. The five winning pictures will be on t-shirts and towels for this years book fair in November. There are many talented artists in our elementary school and we would love for you to share your work with us! Please turn your pictures in to the Elementary Office by or before this Sunday.

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**Boy Scout Candy Sale**

The Boy Scout Candy sale will be on the 15th and 16th of October in front of the Health Office from 2:30 – 3:30 p.m. Please stop by and get a head start for Halloween. Thanks.

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**AGE GROUP SWIM TEAM TIME TRIALS!**

Come on out to the CAC pool and watch your favorite swimmer this Friday October 13th from 1:45 - 5:30 p.m.

**S. Hassan**

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**HALLOWEEN CARNIVAL**

The Halloween Carnival is creeping and crawling closer and closer. This is a family event and we encourage families to take advantage of the safe and fun environment we provide for trick-or-treating as well as many other fun games and activities. Popular features of the Carnival are the Haunted House, The Fortune Teller and, of course, Trick-or-Treat Lane. Other things to look forward to are the many games sponsored by MS and HS students, food vendors, and of course, the Mystery Maze.

The Carnival will run from 6:30 to 9:00 p.m. on Friday, October 27th. Admission to the Carnival is granted to all CAC ID Card holders Pre-K to Grade 6. Tickets are 40 LE, and will be on sale from 2:30 to 4:00p.m. in front of the Health Office starting October 15. Game and food tickets will also be sold in advance. All children must be accompanied by an adult, adult admission is free.

The Junior class has been working hard to make this year's Carnival special. One need they have is for donations of individually wrapped candies. Donations can be dropped off at the PTO Office, at the Elementary Office or at the Activities Office in the High School.

Please be reminded that in order to set up for the Carnival the campus will be closed Friday, October 27th from 10:00 a.m. to 6:30 p.m. Admission to the carnival will start at 6:30 p.m. and access to the campus will be restricted to CAC ID card holders who have purchased tickets. Adult admission is free.

Happy Halloween,

**Mark Sullivan**

Activities and Community Relations

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### WEEKEND WITH MODIGLIANI



#### **GOUACHE PAINTING Workshop for Children taught by KIMBERLY ODEKIRK**

After a brief history of the artist and his special talent of elongating his portrait subjects, the children will experience the excitement of painting with the French medium gouache. The work will be professionally matted and framed in wood behind glass, a beautiful gift or addition to your home gallery.

Fri-Sat, Oct 27-28, 1:00 p.m. - 3:30 p.m., CAC, Room 626, Grades 3-8, \$60

Please reserve space with **Kimberly Odekirk**, tel: 010-517-6831 or the Activities Office, tel: 755-5461 or [sserry@cacegypt.org](mailto:sserry@cacegypt.org)

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**PTO** is looking for 6 parent volunteers to be judges at the EMAC DEBATE TOURNAMENT from Nov 30th - Dec 2nd, 2006. Please come forward to help CAC succeed in hosting this tournament this year. Interested parents kindly e-mail Zahra Ahmad at [kzrq28usa@yahoo.com](mailto:kzrq28usa@yahoo.com).

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### AFTER PROM

The After Prom will be providing the usual concession stand at the EMAC Volley Ball event on October 17, 18, and 19 from 8 a.m. - 4 p.m. Look for our tent. The After Prom is a CAC volunteer community organization dedicated to providing a safe and substance free After Prom party. CAC students this is a great opportunity to get community service hours. Parents, it is never too early to get involved in supporting alcohol and substance abuse prevention activities. We are a volunteer organization that is supported through our concessions sales at the various CAC sporting events. If you would like to volunteer please contact Gigi Hamdy at [hgig@sasfara.net](mailto:hgig@sasfara.net) or call 010-175-1165 or call Barbra Ball 521-1140.

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### HAT DRIVE

The High School community service students are starting a HAT DRIVE to donate hats to children who lost their hair to CHEMO THERAPY. If you have any hats at home, which you are not using, please drop them in the drop box at the front gate.

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