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What's For LUNCH

Sunday – Baked potatoes with cheese sauce & butter + grilled vegetables + apple cake = 12 LE

Monday – Pizza + wafer + juice = 7 LE for 1 slice; 10 LE for 2 slices; 12 LE for 3 slices.

Tuesday – Baked chicken fingers + potato wedges + fresh fruit = 12 LE

Wednesday – Beef stew + white rice + fresh fruit = 12 LE

Thursday – Pasta with meat sauce/tomato sauce + cheese + steamed vegetables + fresh fruit = 12 LE

Thursday, October 26 - Pasta with meat sauce/tomato sauce + cheese + steamed vegetables + fresh fruit = 12 LE

Important Dates

**Sunday, October 22 –
Wednesday, October 25**

Eid El Fitr Holiday
No School

Thursday, October 26

School Resumes

Halloween Parade
Track and MS Field
2:10 p.m.

Friday, October 27

Halloween Carnival
6:30 p.m. – 9:30 p.m.
(Campus closed at 10:00
a.m.)

Principals' Note

Hello Everyone,

Next week, due to the end of Ramadan, please remember that there is no school on Sunday, Oct. 22 through Wednesday, Oct. 25. Classes will be in session on Thursday, Oct. 26.

Halloween Parade

Ghosts, Goblins, Wizards and Witches
So many great costumes even Mummies with stitches.
Guaranteed to be fun and a super photo op
A cherished memory you're sure not to top.
An event to remember, so come grab a seat
As we parade to the sounds of the Halloween beat
Thursday, October 26 - 2:10 p.m. is the time and date
Mark it on your calendars and don't be late
Dress up if you wish and add a little flair
Looking forward to some fun and seeing you all there.

Thursday is our only day of school next week, but as you can tell it is certainly a big day on our calendar. I hope you can join us.

I would like to extend kudos to our grade 5t students for hosting this week's Iftar, and to all our grade 5 students and their teachers for their efforts during Ramadan. Over the last several weeks Grade 5 students worked at school, in the mornings, at lunch and after school, earning sponsorship money. The funds they earned went to buying supplies so that the students could prepare and host three different Iftars for CAC General Staff during Ramadan.

The student's work and dedication on this worthwhile community project is truly admirable and I wish to congratulate our entire grade 5 team on

their spirit of giving and for a job well done.

There will be no Elementary Express next Thursday due to the shortened school week.

A reminder that we appreciate the timely return of your parent teacher conference forms this week. Scheduling for the conferences November 28 is underway.

Thank you everyone for your continued support and best wishes for a relaxing enjoyable holiday. Safe travels to those of you going away and we look forward to seeing you at our Halloween Parade.

Trick or Treat!!

Seamus Marriott

Elementary School Principal

Important Announcement Re: October Holiday

CAC will adjust its calendar to accommodate the government Eid El Fitr holidays which are: Tuesday, October 24th, and Wednesday, October 25th. Parents please note that students will be off school from Friday, October 20 to Wednesday, October 25 inclusive. Classes will resume for all grades on Thursday, October 26.

THANK YOU !!

The High School Community Service Students are deeply grateful for your generous donations of hats for the children at the Cancer Hospital. Twenty Two CAC high school students visited the hospital on Friday, October 13 and delivered 500 meals and over 200 hats to the children and other patients. Your donations have put a happy smile on numerous faces last Friday! Because the children leave their beds to others after their Chemotherapy sessions, the community service students would like to continue the Hat Drive to give to more children. Please contact Lamia Mazhar if you have more hats to donate. Thank you!

Announcements

HALLOWEEN

Halloween is almost here!! The Junior Class is working hard to make this event special. Highlights of the Carnival are the Haunted House, Fun House and of course, Trick-or-Treat Lane. There is also the Mystery Maze and new this year a Wax Works Museum in the Dungeon of the Theater. Look out for the Halloween Play, also being performed in the theater. Popular with parents is the BBQ and other concessions.

The Carnival will run from 6:30 to 9:00 p.m. on Oct. 27th. A reminder that the campus will be closed to the community starting at 10 a.m. Admission to the event will begin at 6:30 p.m. and will be restricted to CAC ID holders ages 2- 12 who have purchased tickets. Students must be accompanied by an adult and all carnival goers will need their ID to get on campus. Adult admission is free.

Donations of individually wrapped candies are needed and can be dropped of at the ES Activities Office, the ES Office or in the HS Activities Office. The Junior Class thanks you for your support and looks forward to hosting this Monstrous event.

Mark Sullivan

EGYPT FESTIVAL

Dear Parents,

The Egyptian Culture Department would like to cordially invite you to attend our Egypt Festival Celebrations (November 9, 2006 to November 16, 2006). **Please mark your calendar:**

* **November 13, 2006** our **Egyptian Food Festival for new comer parents** will be held from **11:00 a.m. to 1:00 p.m.** in the Elementary Lunchroom where you may sample a variety of Egyptian dishes. Freshly baked baladi bread (from our very own mud brick oven) will be on sale.

* **November 14, 2006 Egypt Festival Day** celebrations will take place. During that day, you can enjoy the following activities on campus: authentic artists exhibition (in Rm. 600 from Nov. 9 to Nov. 16), demonstrations of various Egyptian crafts, henna tattooing, folk music and dance. Popular Egyptian snacks and freshly baked baladi bread will also be on sale.

For the **Egypt Festival** whole week's schedule of events, please visit the Egyptian Culture Website:

www.cacegypt.org/Eg/activities

We hope you can all come to enjoy this very special celebration.

PHONE DIRECTORIES

By now, every family should have received a copy of this year's CAC Phone Directory. We have done our best to publish all information correctly. If you do find an error in your listing, please email pto@cacegypt.org and at some point a correction may be published. Thanks to the Admissions office and the Information Technology group for help in publishing this book, as well as the PTO Phone Directory Committee: Aida Jebeyli, Yunita Mowry, Dawn Ravesies, Jo Everitt, Erika Harms, Nancy Hughes,

Howayda Fayyad, Eva Addison, Riana Van Tonder, Jacqueline Seneshen, Shirley Kendrick, Karen Bloomfield, Heidi Thurmon, and Amy Moritz.

BOOK FAIR NEWS!

The bold and beautiful pictures that were entered into the Book Fair Art Contest have been gathered and judged. We knew there was a great bunch of artists at CAC! Thanks go to all of you that put your creativity and imagination into some wonderful jungle pictures!

REMEMBER we are still gathering jungle animals for the decoration of the Lunchroom! Those pictures need to be bright and colorful too with a bold outline. Please CUT those animals out, turn them into the office and we will hang them up all around the Lunchroom as we get them. We would like to have all of those pictures by the end of November, so by the time we have our Book Fair, our Lunchroom will be a jungle FULL of wild animals! Here are this year's winners: First, I would like to give out an Honorable Mention to two young men in Pre-K. Daniyal Ahmed and Mitchell Pennington worked very hard on their jungle animal pictures. Thank you boys for entering your wonderful works of art!

Kindergarten	- Aryan Varma KGK
First Grade	- Alistair McCarten 1T
Second Grade	- Francesco Insulla 2G
Third Grade	- Eden Butler 3M
Fourth Grade	- Fiona McCarten 4P
Fifth Grade	- Sarah Williamson 5M

Thank you all again for your efforts and creativity!

Samantha France

Book Fair Advertising Coordinator

RECYCLING BINS

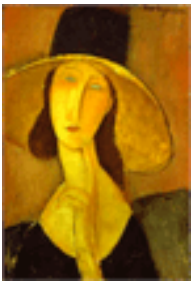
PTO is very pleased to announce that RECYCLING BINS FOR PLASTIC AND ALUMINIUM will be put by the **MAIN ENTRANCE of CAC** as of **NOV 1st, 2006** . Please recycle and play a part saving Mother Nature. The poor dear is suffocating!

PE UPDATE - Shoe Tying

The children are enjoying the gymnastics unit immensely. We always take off shoes and socks, so please take some time to check to see that your child is able to tie his/her own shoes. This holiday is a great opportunity to practice tying shoes. Even if they have Velcro shoes, they should still learn to tie. We expect kindergartners to be able to this independently by January.

Ellen Youssif, Alex Macaulay, Susan Etcheverry

WEEKEND WITH MODIGLIANI



GOUACHE PAINTING Workshop for Children taught by KIMBERLY ODEKIRK

After a brief history of the artist and his special talent of elongating his portrait subjects, the children will experience the excitement of painting with the French medium gouache. The work will be professionally matted and framed in wood behind glass, a beautiful gift or addition to your home gallery.

Fri-Sat, Oct 27-28, 1:00 p.m. - 3:30 p.m., CAC, Room 626, Grades 3-8, \$60

Please reserve space with **Kimberly Odekirk**, tel: 010-517-6831 or the Activities Office, tel: 755-5461 or sserry@cacegypt.org

Correction

Last week **5M** students prepared the Iftar with 5L