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What's For LUNCH

Sunday – Baked potatoes with cheese sauce & butter + grilled vegetables + apple cake = 12 LE

Monday – Pizza + wafer + juice = 7 LE for 1 slice; 10 LE for 2 slices; 12 LE for 3 slices.

Tuesday – Baked chicken fingers + potato wedges + fresh fruit = 12 LE

Wednesday – Beef stew + white rice + fresh fruit = 12 LE

Thursday – Pasta with meat sauce/tomato sauce + cheese + steamed vegetables + fresh fruit = 12 LE

Important Dates

Thursday, October 5 – Saturday October 7

Armed Forces Holiday
No School

Sunday, October 8

5TH Grade Iftar

Monday, October 9

New ES Parent Math Forum
Room 600
7:00 - 8:00 p.m.

Tuesday, October 10

Parenting Style Forum
ES Counseling Department
– Room 19
9:00 a.m.

Thursday, October 12

Giza Pyramids Trip
1H
8:15 a.m. – 12:15 p.m.

Principals' Note

Hello Everyone,

Even with a four-day week we find ourselves with enough going on in the elementary to feel like a full week! On Sunday, the fifth graders in 5D and 5N spent the day shopping and preparing a fabulous Iftar meal for our school's custodial staff. On Tuesday, another Iftar happened for the women and children served by the Digla Association for Developing Society. Juices and desserts were provided with donations from our CAC faculty and staff. I can't think of a better experience for any age than to joyfully be involved in service to one's community.

The Hillier architects made presentations this week to our teachers on Sunday and to the Grade 3, 4, and 5 students on Monday. If you came to the community forum on Monday evening, you saw and heard the latest creative developments in the Master Plan project. Input from every constituency has been encouraged and welcomed as we try to put all heads together in planning for the future's best for CAC.

Last week, we had the quietest fire drill, I think, on record! What an amazing few minutes of serious, thoughtful absolute quiet with the entire school population on the playing fields. Though only a drill, it was obvious that students took this opportunity to practice for an emergency very seriously.

As we look ahead to next week, please mark your calendars for Monday evening's Parent Math Forum at 7 p.m. in Room 600. We are fortunate to have Janet Parson's here all of next week offering professional development in our Math Trailblazer program for teachers. If you would like to know more about standards-based math, constructivist learning, or how to help your child succeed in math, then be sure to come to the parent forum!

It is hard to think that on the 4th day of the month, it would be necessary to prepare for the end of the month, but with our long Armed Forces three-day holiday this weekend and our six-day Eid El Fitr holiday following very closely behind, it is vital that we mention the importance of your children's attendance on Thursday, October 26. Not only is it important as a regular school day, it is the only day in that week for school! Please note on your calendars the elementary Halloween parade that will happen on the track at 2 p.m.

I trust you will truly enjoy your long weekend.

Sincerely,

Gail Neff

Assistant Principal

Important Announcement Re: October Holiday

CAC will adjust its calendar to accommodate the government Eid El Fitr holidays which are: Tuesday, October 24th, and Wednesday, October 25th. Parents please note that students will be off school from Friday, October 20 to Wednesday, October 25 inclusive. Classes will resume for all grades on Thursday, October 26.



**Math Trailblazers
Elementary Parent Meeting**

**Monday, October 9, 2006
7 p.m. in Room 600**

Let's do some mathematics

What makes this mathematics different from the math we learned as children?

What does research say about learning and teaching mathematics?

How can parents help with homework?

What questions do parents bring to the table?

The purpose of this meeting will be to share with parents the mathematics that their children will be learning this school year. Many parents want to help children with homework and also help them become good problem solvers. We'll look at ways that the mathematics can be understood by both children and parents.

Jan Parsons

University of Delaware

janpar@juno.com

Accreditation for Growth Survey

As part of the Cairo American College accreditation process, you will receive an email on Wednesday, October 11th containing an electronic parent survey that will provide you with the opportunity to express your views about the school's programs, services and facilities. Your valuable responses will help the school assess our performance on standards set by the Middle States Association of Colleges and Schools. The survey contains 50 questions and should take you no longer than 20 minutes to complete. After you receive the survey, please respond to it by no later than Wednesday, October 18th at 3:00 p.m.

Parents - Please "HELP US TO HELP YOU" by marking your children's lunch boxes, clothing, etc. with their name and class code. Thank you.

Lost and Found Department

Announcements

BOOK FAIR NEWS

IT'S A JUNGLE OUT THERE! As all of you have entered the lunchroom at lunchtime, you have probably noticed an alligator, an elephant, a giraffe drinking from the river and trees all around you. Please don't be nervous, none of them are real and all they ask of you is that you don't pull them off the walls! The lunchroom is a "work in progress" this year and the workers that will help complete it are you, the students of CAC.

First, a big "THANKS" needs to go out to all of the people that volunteered this past weekend getting all of those animals and trees up on those big walls! BIG THANKS to the adult volunteers: Brandon France, Wayne Monteith, Said Rechchad, Anita Santorum, Jacqueline Seneshen and Jeff Villinski. The student helpers who get a BIG THANKS too are: Angela Davis, Erin Etcheverry, Andrew France, Kayla Kuecker, Julia Monteith, Lucy Nehring, Camilla Rechchad, Amy Ross, Micah Seneshen, Olivia Seneshen, Jessica Warnken and Louise Warvsten, You are all awesome!

As was said before, the Book Fair needs ALL of the kids of CAC to complete the jungle. We are asking the Middle School and High School students to help us this year too. Here are the guidelines to follow:

- Draw your picture of any jungle animal on one to four sheets of A4 paper. (No bigger, please!)
- Please use bright colors only! (No black and white.)
- Cut out your picture.
- Please outline your picture in black so that it can be easily seen in the jungle.
- Turn it into the Elementary Office by or before Thursday, November 16th.

This is open to ALL CAC students!

As the animals are turned in, the Book Fair Decorating Committee will be picking them up and putting them on the walls in the lunchroom. So, everyday, changes will happen with the jungle and you are going to have keen eyes to spot those changes. Happy Hunting!

DON'T FORGET! The Book Fair coloring contest is ALSO going on. Here's a reminder of those guidelines:

- Draw your favorite jungle animal on one sheet of A4 paper.
- Please use bright colors, no black and white.
- Do NOT cut your picture out!

Please do NOT put the date or very small details, because the winning prints will be reduced to fit on t-shirts and towels this year.

This contest is open to all CAC students grades K – 5.

The deadline for this contest is Sunday, October 15th.

Samantha France

Book Fair Decorating Committee Leader

What? Parent Forum: What's Your Parenting Style?

Learn more about the effectiveness of your parenting style and gain useful parenting tips.

When? October 10th at 9am

Where? ES Counseling Department, Room 19

Halloween Carnival 2006

Planning for this year's Halloween Carnival is well underway. This is a family evening for kids grades Pre-K to 6 to come and Trick-or-Treat, play games and visit a Fun House or make their way through the Mystery Maze. The Haunted House is also an option for those who are really brave.

The Carnival is staffed by students grades 7 - 12 and is a fundraiser for the Junior Class. The success of the carnival depends on community support and so we hope you all come. Donations of individually wrapped candies are being collected at the Elementary Office and in the Elementary Activities/ID Office.

Tickets go on sale October 15th. All students will need a ticket and a valid CAC ID to get in. Parents accompanying their children do not need to purchase tickets.

The campus will be closed at 10am on Oct. 27 to allow for the set up and will re-open for carnival goers at 6:30pm.

We look forward to seeing you all in your costumes, ready to celebrate one of the most fun events of the year!

Mark Sullivan

Activities and Community Relations

PTO is looking for 6 parent volunteers to be judges at the EMAC DEBATE TOURNAMENT from Nov 30th - Dec 2nd, 2006. Please come forward to help CAC succeed in hosting this tournament this year. Interested parents kindly email Zahra Ahmad at kzrq28usa@yahoo.com.

After Prom

The After Prom will be providing the usual concession stand at the EMAC Volley Ball event on October 17, 18, and 19 from 8 AM -4 PM. Look for our tent. The After Prom is a CAC volunteer community organization dedicated to providing a safe and substance free After Prom party. CAC students this is a great opportunity to get community service hours. Parents it is never too early to get involved in supporting alcohol and substance abuse prevention activities. We are a volunteer organization that is supported through our concessions sales at the various CAC sporting events. If you would like to volunteer please contact Gigi Hamdy at hgig@sasfara.net or call 0101751165 or call Barbra Ball 521-1140.

HAT DRIVE

The High School community service students are starting a HAT DRIVE to donate hats to children who lost their hair to CHEMO THERAPY. If you have any hats at home, which you are not using, please drop them in the drop box at the front gate.

RAMADAN NOTICES:

Ramadan & After School Activities – Parents please be aware that during Ramadan After School activities for elementary students will run as usual. Activity busses will continue depart at 4:10 and 5:30 p.m. We leave it to you to make personal choices regarding your child's involvement in activities and fasting.

EGYPTIAN CULTURE SNACK AND LUNCH SALE

Dear Parents,

There will be no Egyptian Culture snack or lunch (Koshari and Shawerma) during the month of Ramadan.

SCHOOL STORE WORKING HOURS DURING RAMADAN

During Ramadan (Kol Sana Wa Antom Taybeen) the School Store working hours will be from 9:00 a.m. to 12:00 p.m. and from 1:00 p.m. to 3:00 p.m. Happy Ramadan.

PIZZA DURING RAMADAN

Pizza will be provided **EVERY MONDAY** during the month of Ramadan.

