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What's For Lunch

Sunday – Vegetable Fried Rice OR Vegetable-Chicken Fried Rice = 12 LE

Monday – Pizza + wafer + juice = 7 LE for 1 slice; 10 LE for 2 slices; 12 LE for 3 slices

Tuesday – Baked chicken fingers + potato wedges + fresh fruit = 12 LE

Wednesday – No Hot Lunch – ERD: Students dismissed at 11:30

Thursday – NO SCHOOL – Happy Thanksgiving!

PLEASE NOTE... There will be NO HOT LUNCH SERVED the week of THE BOOK FAIR NOVEMBER 26 – 30 .

Important Dates

Monday, November 20

Parent/Teacher Conference
Schedules sent home

Tuesday, November 21

ES Parent Forum
"Hot Topics"
8:00 – 9:00 a.m.
Rm. 18
(ES Counseling
Department)

Wednesday, November 22

Early Release Day
All students dismissed at
11:30 a.m.

Thursday, November 23

U.S. Thanksgiving Holiday
No School for Students

Sunday, November 26 – Wednesday, November 29

Book Fair
ES Lunchroom –
(No Hot Lunch this week)
Students eat lunch on Picnic
Tables

Monday, November 27

Report Cards go home

Tuesday, November 28

Parent Teacher Conferences
No School for ES Students

Principals' Note

Yummy baladi bread baked fresh on campus, henna tattooing, visiting Egyptian Artisans, a newcomers luncheon, a food court, stalls galore, a musical combo and numerous performers, what more can I say than WOW! Kudos, Kudos and more Kudos go out to our CAC Egyptian Culture department for planning and hosting such a magnificent event. Speaking from a newcomer's point of view, our Egypt Festival was absolutely marvelous with a capital "M"! Congratulations and thank you to all the organizers and volunteers for sharing the culture and food of Egypt with our CAC community. Well Done!

Keeping on the food theme, as you may have read in our CAT minutes last week we are looking to spruce up the Sunday selection on our ES lunch menu. The baked potato and cheese sauce that is presently offered on Sundays is not getting great reviews among our young culinary critics. In response, our CAT team decided to initiate a Sunday Sampler program. Over a series of four Sundays our caterer Max will offer a different menu item which has been juried by our CAT team. CAT members will be on hand each Sunday to gather student opinions which will in the end help us to decide on a new Sunday menu item replacing the unpopular potato.

Our Sunday Sampler will begin this coming Sunday, November 19 with Vegetable Fried Rice or Vegetable & Chicken Fried Rice available. Subsequent Sunday menu items include:

Sunday Dec.3 - Homemade Beef Sausage and mashed potato (sausage cut into small pieces).

Sunday Dec.10 - Chili-Con carne with rice

Sunday Jan.14 - Homemade Bratwurst Sausage in a bun

On your calendars please note that Wednesday November 22 is an Early Release Day, so all students will be dismissed at 11:30 a.m. In addition, next week our Elementary Express will be published on Wednesday as

there is NO SCHOOL on Thursday due to the American Thanksgiving Holiday.

Our Admissions Department is busy processing new applications for students of families that are moving to Cairo and are interested in starting school in January. If your family is planning on moving within the academic year and you have not notified the school, we would urge you to contact the CAC Admissions Office or the Elementary Office as soon as possible.

One final but extremely important note regards appointment times for Parent Conferences. Appointment schedules will be sent home early next week. We are looking forward to seeing everyone on Conference Day – November 28 th .

Have a terrific weekend!

Regards,

Seamus Marriott

Elementary School Principal

CAIRO AMERICAN COLLEGE AQUATICS

SPECIAL AWARDS – ELEM SCHOOL

FALL AGE GROUP SWIM TEAM

2006-07

5 & 6 GIRLS

Effort Award:
Henrietta Macaulay

7 & 8 GIRLS

Outstanding Swimmer:
Catherine Ming

Effort Award:
Tory Matus

9 & 10 GIRLS

Outstanding Swimmer:
Julia Monteith

Effort Award:
Kholood Sheta

PERFECT ATTENDANCE

Jonathan Algeory
Adele Birkenes
Nicholas Castlemain
Adela Chelminski
Ori Danino
Beverly Dempsey
Nadine Eloasily
Myada El Barkouki
Andrew France
Janna Gohar

5 & 6 BOYS

Effort Award:
Alistair McCarten

7 & 8 BOYS

Outstanding Swimmer:
Taymour Sheta

Effort Award:
Cole Roberts

9 & 10 BOYS

Outstanding Swimmer:
Timmy Khalifa

Effort Award:
Nicholas Castlemain

Dong Hyun Han
Carol Harding
Sung Jun Hong
Min Ji Kim
Andrew Lewis
Luka Lazic
Serena Martin
Mana Mikamo
Lola Ometoruwa
Chan Ho Park

Alaina Phinney
Cole Roberts
Annika Ryer
Yuval Tal
Palmer Tappe
Jullia Villinski
Isabel White
Mustafa Zaidi

A RECORDER REMINDER for Parents/Guardians of Fourth and Fifth Graders:

By now most fourth and fifth graders should have obtained a recorder and a yellow recorder book to take home. As part of your child's assessment in music literacy and proper recorder technique, practice is expected on a regular basis; on average, 10 - 15 minutes a day at home should be adequate. Together, settle on a practice time and place, which will encourage focused performance. Occasionally, ask your child for a mini-concert, and check to see if the hand position is correct (the left hand should be at the top of the instrument) and if the tone is even. If the sound is shrill or squeaking, your child may be blowing too hard or not completely covering the holes indicated on the finger chart (check the front cover of the

recorder book). I try to discourage students from writing the letter names under the notes of the songs as this will hinder the progress of note reading. Rather, I emphasize the need for them to begin with the first songs of the book, which have only a few fingerings, giving the child an opportunity to gradually memorize the letter names of the lines and spaces of the melodies.

Students are expected to bring their recorders to every music class. During a trimester, if the student forgets to do so three or more times, her/his effort grade is diminished and reflected on the next progress report. In addition, the recorder should be covered with a case to identify it, protect it, and keep it clean. The instrument grade on the report card will be influenced by recorder evaluations throughout the remainder of the year.

If you have any questions or if you note a sense of frustration in your child's practice, please feel free to call or e-mail me to discuss ways of helping her/him succeed. Thank you so much for your consideration and support of your child's music education.

Sincerely,
Rebecca Nerenhausen
755-5256
rnerenha@cacegypt.org

Announcements

COUNSELOR'S CORNER

You are cordially invited to attend our next
Elementary School Parent Forum

What: "**HOT TOPICS**"

When: November 21, 2006 from 8am-9am

Where: Room 18 (ES Counseling Dept.)

Who: Facilitated by Rhonda Chavis-Moore

Reminder from the Elementary Library:

Report cards are coming out soon (on November 27 th). We are hoping that all overdue library materials can be found and returned to avoid having any report cards blocked. Thanks for returning all overdue items!

BOOK FAIR PREVIEW NIGHT!

Sunday, November 26 th , 6:30-8:30 pm. Come and meet Alaa Al Aswany, the acclaimed novelist of The Yaccubian Building. This book will be on hand for purchase as well as many other AUC Press titles. While browsing, listen to the relaxing sounds of acoustic guitar with Bill Evenhouse. Please note that this evening is being organized to allow our parents to preview ALL of the exciting book choices that will be available for purchase during Book Fair Week: November 27 th – 30 th .

KIOSK FOOD ON CAMPUS

Parents, please note that elementary students are allowed to buy food from the kiosks ONLY after 3:00 pm. This is a privilege for middle and high school students during the school day. We expect our elementary students to bring healthy snacks and lunches from home or to use our hot lunch program.

"Parents for Peace" PTO International Cooking Class

Come blend the learning experience of recipes with the cultural feel of the home. This month, Seemi Aftab from **Pakistan** will be demonstrating how to prepare Chicken Beriyani on Wednesday, November 29th from 10 – 12 pm. No fees but limited to only 20 persons. If interested please email **Cathy Zeng at cgaoli@ssafara.net** for more details.

CAC PTO

PLEASE NOTE... THERE WILL BE NO HOT LUNCH THE WEEK OF THE BOOK FAIR NOVEMBER 26 – 30 . Students will eat outside this week. Bring a packed lunch.

WEEKEND WITH FRIDA KAHLO

ACRYLIC PAINTING WORKSHOP for Children taught by KIMBERLY ODEKIRK

The children's fascination will be sparked as they learn about the life of this Modern, Mexican artist. Although she was the wife of Diego Rivera, her art stands on it's own as modern surrealism. The students will examine her style and the techniques of acrylic as they study portrait painting. They will return home with a professionally framed work of art suitable for a home gallery or as a gift during the holiday season.

Fri-Sat, Nov 17-18, 1:00pm-3:30pm, CAC, Room 626, Grades 3-8, \$60

Please reserve space with Kimberly Odekirk, tel: 010-517-6831 or the Activities Office, tel: 755-5461 or sserry@cacegypt.org

CAC Book Fair Elementary Class Schedule

TIME	MONDAY - NOVEMBER 27
8:20 – 8:40	1T - 3D
8:40 – 9:00	2K
9:00 – 9:20	KGS - 4A
9:20 – 9:40	3M - 5B - 5R
9:40 – 10:00	1L - 5M
10:00 – 10:20	KGR - 3R
10:20 – 10:40	1H - 2B
10:40 – 11:00	KGC
11:00 – 11:20	4J - 4F
11:20 – 11:40	2G - 5L
11:40 – 12:00	5N
12:00 – 12:20	KGZ
12:20 – 12:40	KGK - 5D
12:40 – 1:00	PreKM - 1R
1:00 – 1:20	PreKP – 3A
1:20 – 1:40	3T – 4P
1:40 – 2:00	4M
2:00 – 2:20	2D
2:20 – 2:40	
2:40 – 3:00	1P

**Sunday,
November 26**
Opening Night
6:30 – 8:30 p.m.

**Monday,
November 27**
Elementary
Class Visits

**Tuesday,
November 28**
MS Class Visits
HS Visits

**Wednesday,
November 29**
Open Sale Day

**Thursday,
November 30**
Open Sale Day
