



# Elementary EXPRESS

Elementary Office Publication

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### Important Dates

#### Sunday, Jan. 10

*School Resumes*

ES New Parent Orientation  
8:30-10:00 a.m.  
Room 600

ES Snack Sale  
10:00-11:00 a.m.  
Near ID Office

#### Monday, Jan. 11

Michael Thompson  
Presentations  
10:00-11:30 a.m., Room 600  
6:30-8:00 p.m., HS Theater

#### Tuesday, Jan. 12

Michael Thompson  
Presentations  
7:00-8:30 a.m., Room 600  
9:00-10:30 a.m., Room 600

ES Snack Sale  
10:00-11:00 a.m.  
Near ID Office

After-School Strings/Orchestra  
Sign-Up  
3:15-6:00 p.m.  
Room 600

#### Thursday, Jan. 14

ES Snack Sale  
10:00-11:00 a.m.  
Near ID Office

## What's For LUNCH

### Week of January 10-14, 2010:

**Sunday** – Mexican sausage casserole with vegetables in tomato sauce = 15 LE

**Monday** – Pizza + drink = 15 LE **(Cash only today!)**

**Tuesday** – Baked chicken fingers + potato wedges + veggies = 15 LE

**Wednesday** – Beef burger on bun + carrot sticks = 15 LE

**Thursday** – Pasta with meat sauce + veggies = 15 LE

Max's coupons may be used on Sunday, Tuesday, Wednesday, and Thursday. Coupons are available in the ES office or at Max's Restaurant, 10 for 150 LE. All Max's meals are served with fresh fruit and a drink option of milk, juice, or bottled water. Second portions of Max's meals are available at a cost of 8 LE.



## Principal's Note

### Our Holiday Wish

**Excitement fills the air**

**Indeed, winter holiday time is here**

**Everyone has worked very hard and has done their very best**

**Now it is time to relax and take a good rest**

**Students, teachers and the principal, too**

**Would like to send a holiday wish to you**

**Enjoy the season and all that it brings**

**Time with family and other wonderful things**

**Have a fantastic holiday in the snow or the sun**

**Peace, love & joy is our wish for everyone**

If you know of new families with elementary-age students who will be starting at CAC in the New Year, please alert them to our New ES Parent Orientation on Sunday, January 10, at 8:30 a.m. in Room 600.

Thank you, everyone, for a fabulous 5 months of school. Safe travels, Happy Holidays and we'll see you on Sunday, January 10, 2010.

Happy Holidays,

**Seamus Marriott**  
Elementary Principal

# ANNOUNCEMENTS

## RICE IS KWAIS

Thanks to all of you who helped with the Grade 1 community service project "Rice is Kwais". The rice was sent to the Maadi Monastery, and they are very happy and impressed with the amount we collected (605 kg). Thank you for all your efforts and thoughtfulness!

**Dina Badr**

Egyptian Culture Department

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## PTO INTERNATIONAL FAIR 2010 THEME BASKET RAFFLE

The PTO will be holding an International Spring Fair on Saturday, March 20, 2010. One of the attractions will be a **Theme Basket Raffle** which will raise money to fund specific projects to benefit our school as well as a percentage being donated to charity.

All students will be involved in the theme baskets with each class collecting donated items from students based on assigned themes. Each grade (apart from Pre- Kindergarten) has been allocated two themes and you may choose which theme you wish to donate to. With Winter Break almost upon us, and with many of us travelling, we thought this would be an opportune time to highlight what your grade themes will be. Contributions of any size are welcome whether they are from individual students or from families who wish to pool together. All donations will be collected in February/March with details on where and when they will be collected being advised in the new year. So check your themes, pick one and keep an eye out for something you would wish to donate. Many thanks, everyone!

GRADE	BASKET THEME	BASKET SUGGESTIONS
Pre-K	Pre-School Paradise	Games, books, toys, craft supplies, DVDs
KG	Bob the Builder Pool Party	Lego, K`Nex, Duplo, Building blocks Floaties, towels, goggles, sunscreen
1st	Cartoon Heroes Aspiring Artist	Games, dress-up, toys, books, figures Craft items – paints, stickers, paper
2nd	Snack Attack A Day at the Park	Chips, dried fruit, candy, voucher, drinks Picnic basket, snacks, cooler, outdoor games
3rd	Cookie Monster Sweet Tooth!	Cookie supplies, cookbooks, apron, sprinkles Chocolate, candies
4th	Boys Club Girls Club	CDs, t-shirts, flashlight Magazines, toiletries, hair accessories
5th	Movie Night Paper Chase	DVDs, videos, popcorn, ticket to the cinema Books, writing paper, paper crafts

If you have any queries, please don't hesitate to contact **Priscilla Kraut** at 016-502-0730 or e-mail [pris.kraut@gmail.com](mailto:pris.kraut@gmail.com); or **Lisa Buser** at 010-587-9970 or e-mail [blgbuser@bluewin.ch](mailto:blgbuser@bluewin.ch).

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## IRISH DANCE INSTRUCTOR NEEDED

Starting in June, 2010, the Irish dancers of Maadi will be losing their beloved instructor who is heading off to law school. We are looking for an **experienced dancer/instructor** to teach after-school soft shoe (perhaps leading to hard shoe) Irish dancing **beginning in August, 2010**, to kids ages 8-14 and who range in ability from beginning/ intermediate to intermediate/advanced. **Location is not a problem.** Classes can likely be held both on CAC campus (as an after-school activity) and off campus (at The Breathing Room near Kimo Market). If you are interested or know someone who is, please contact Eden for more information at 010-881-1947. Irish dance has become a real favorite here in Maadi. Please help us keep the dance alive!

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## CAC COMMUNITY COOKBOOK

The Booster Club is collecting recipes for a new CAC Community Cookbook and we are looking for your favorites. Appetizers, soups, salads, main dishes, and desserts—we would love to know the recipes that you make for your family and friends over and over. It is a great way to get the recipes you love when you visit with your friends. It is quick and easy to participate from the comfort of your own home. Just click on the following link and enter your recipe(s). Send in your recipes quickly! With your help, we can make this book as special as our school. If you have any questions or problems, please feel free to contact either Gigi Hamdy (010-175-1165; [gigidaisy3@msn.com](mailto:gigidaisy3@msn.com)) or Cheryl Lachenmayer (012-714-7796; [CLL307@yahoo.com](mailto:CLL307@yahoo.com)). Your help and cooperation is greatly appreciated.

<http://www.cacegypt.org/cookBook/index.php>

## Booster Club

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## COME PLAY WITH US!

The CAC After-School Strings Program offers an opportunity for your child to learn violin, cello, or viola in an individual setting or in small groups with friends. Playing music is fun and fulfilling. In addition, learning to play an instrument also gives children the chance to develop other important skills like abstract reasoning, spatial intelligence, and math. We have two theater concerts a year as well as smaller recitals, all of which offer students the opportunity to perform in front of an audience.

Sign up will be **January 12** after school from 3:15-6:00 p.m. in Room 600. There will also be sign up for **After-School Orchestra** and **Community Orchestra** at that time. There are some instruments to rent as well as inexpensive options right here in Maadi. For info, email: [wendyvissar@yahoo.com](mailto:wendyvissar@yahoo.com)

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## PTO PRESENTS

All parents are invited!! Please join us!!

Important Dates for your Calendar:

**January 11-12:** Michael Thompson, renowned author and child psychologist, at CAC--numerous parent meetings/forums/discussions:

Monday, Jan 11: 10:00 a.m.-11:30 a.m.: *Raising Cain: Protecting the Emotional Life of Boys* (Rm. 600)

Monday, Jan 11: 6:30-8:00 p.m.: *The Pressured Child: Helping Students find Success in School & Life* (HS Theater)

Tuesday, Jan 12: 7:00-8:30 a.m.: (Fathers only breakfast): *The Importance of Fathers in Children's Lives* (Rm. 600)

Tuesday, Jan 12: 9:00-10:30 a.m.: *How to Raise a Responsible Child* (Rm. 600)

**January 21 (Thursday):** PTO Coffee and Discussion (8:30 a.m., Rm. 600)

**January 23 (Saturday):** Presentation by Lesley Lababidi (author of Family Guide to Cairo)--what to do in Cairo, 11:00 a.m.

**February 20 (Saturday):** PTO Garage Sale (opportunity for CAC parents/families to have a table and sell "used" goods, toys, clothes, etc.)

**March 20 (Saturday):** International Festival

**April 14 (Wednesday):** PTO Luncheon, 1:00-3:00 p.m.

**April 30 (Friday):** PTO Gala

**May 13 (Thursday):** Faculty/Staff Appreciation

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**CAC ELEMENTARY SCHOOL ORIENTATION  
FOR  
PARENTS OF NEW STUDENTS  
SUNDAY, JANUARY 10, 2010  
8:30 A.M.–10:00 A.M.  
ROOM 600**



In August at the start of the school year and again in January, we hold an orientation for the parents to help new families get acquainted with CAC. This is a good time to:  
Meet our superintendent, the elementary principal team, and our counselors;  
Learn a little about our PTO and CAT (Community Advisory Team);  
Find out about our library and health services;  
And have your questions answered about the elementary school.

We welcome you and look forward to meeting you in January!

***Seamus Marriott***, Elementary Principal

***Marci Carrel***, Assistant Elementary Principal