



Elementary EXPRESS

Elementary Office Publication

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Important Dates

Friday, March 12

Cub Scout Raingutter Regatta
1:00-4:00 p.m.
Lunchroom

After-School Strings Solo
Concert
6:00-8:00 p.m.
Room 600

Saturday, March 13

After-School Strings Solo
Concert
2:00-6:00 p.m.
Room 600

Sunday, March 14

3H/3S/3T Field Trip
8:15 a.m.-2:45 p.m.
Belhana Farm

ES Snack Sale
10:00-11:00 a.m.
Near ID Office

Monday, March 15

ASPSG Meeting
8:30-10:00 a.m.
Room 70 (MS)

Tuesday, March 16

ES Snack Sale
10:00-11:00 a.m.
Near ID Office

Report Cards Sent Home

Board Open Session
6:00-8:00 p.m.
Board Room

Wednesday, March 17

3T Field Trip
8:45 a.m.-12:00 p.m.
Tawasol School

After-School Activities
Session 3 Ends Today

What's For LUNCH

Sunday – Homemade beef sausage in a bun + carrot sticks = 15 LE

Monday – Koshari + drink = 15 LE (**Cash only today!**)

Tuesday – Baked fish fingers + roasted potatoes + green beans = 15 LE

Wednesday – Meatballs in tomato sauce with rice = 15 LE

Thursday – No School for ES Students (**Parent-Teacher Conferences**)

Max's coupons may be used on Sunday, Tuesday, Wednesday, and Thursday. Coupons are available in the ES office or at Max's Restaurant, 10 for 150 LE. All Max's meals are served with fresh fruit and a drink option of milk, juice, or bottled water. Second portions of Max's meals are available at a cost of 8 LE.

Principal's Note

In Mr. Marriott's absence and honor, I will try my hand at rhyming lines. Mr. Marriott can spit out rhyming poetry quick and slick. For me, it takes a bit more time and tasking to even try such a trick.

A Week without Mr. M (A Poetry Work in Progress)

*Off to Borneo, Off to Borneo
Mr. Marriott had to go.*

*His new school he was off to seek,
So that he may take a preview peek.*

*About his next life and work is what he wanted to know
And meet-greet his soon-to-be students, teachers and parents with a nice hello.*

*We just hope that he does not bring back an orangutan
For customs officials will surely give him a harangue.*

*Cairo is a place for a beast like that, no!
But it is, for now, the place for Mr. Marriott, so...*

*We wish him a safe journey kilometer after mile
For this CAC is not the same without his jolly bantering and smile.*

As Mr. Marriott mentioned in last week's EE, he has spent this week visiting his new school in Balikpapan, Borneo. The purpose of his visit is to have a little orientation to the school before he lands there in August to start his job. Our hope is that he finds the community there just as warm and welcoming as it is here.

Though we love, love, love celebrations of learning like fifth grade innovation fairs and the festivity and fun in Kid's Day as well as the other bits of monumental educational merriment that has happened over the weeks that have lead us to this date, it was wonderful this week to just be in our classrooms and at work. Of course, students are all working hard to learn all they can and dazzle you with our next big displays of community and acquired knowledge and skills.

One of these big displays will be in the form of student work presented to parents at parent-teacher conferences. The teachers have put much love and labor into completing report cards and preparing for conferences with parents. Report cards will be distributed via the "Backpack Express" on Tuesday, March 16. Conferences will be held on Thursday, March 18. This is a great opportunity for us to examine who your child has (and is continuing to) become as a learner. It is only by working together that we can best ensure their emotional/social and academic success.

The PTO will surely see great success in community building and the deepening of our cultural awareness and understanding while they feed us great international foods,

Thursday, March 18

*No School for ES Students
Parent-Teacher Conferences
8:00 a.m.-4:00 p.m.*

Saturday, March 20

*PTO International Fair
11:00 a.m.-3:00 p.m.
Football Fields*

dazzle our eyes with traditional costume from various countries and entertain us with displays from many lands. This is the event of the year where CAC's diversity is fully and dramatically on display. Of course, this display will be all the more full and all the more dramatic if we all attend the International Festivak on March 20, from 11:00 am-3:00 p.m.

I want to state again the need for our Admissions Department to know if your family is planning to move, thus leaving CAC. They are currently fervently processing applications for next school year and need to know how many positions CAC will have open to fill.

Whew! It is getting warmer! Ms. Angie in the Heath Office has brought to our attention all that needs attending to as it begins to heat up in Maadi. Even a few degrees rise in temperature greatly increases our need for proper hydration. As always, sun protection is a must. She also points out that warm weather does not mean that colds and flu are done and over. Wash, wash, wash those hands! Stay hydrated, sun-safe and all around healthy!

Have a great weekend! We hope to see you at the International Fair on Saturday!

Regards,
Marci Carrel
ES Assistant Principal



MS. CARREL'S SPECIAL RHYME CHALLENGE:

Help me to write a better poem about Mr. Marriott being away. What rhymes with "orangutan?" There is bang, hang, sprang, meringue, sang, twang, fang, harangue, gang, shebang, pang or slang. If you can bring another word or set of words to the ES Office on Sunday, I will give you a "thank you" treat. Rhyme away!

NOTICE FROM OUR BUSINESS MANAGER

We Need Your Help with Student Drop-Off and Pick-Up

Thank you for helping us keep children safe during drop off and pick up. For those new to CAC and as a gentle reminder, please follow the guidelines below so that we can work together for a smoother and more efficient experience.

When you or your drivers are dropping off your child/ren, please have them prepared to get out of the car as quickly as possible.

After dropping off, move forward immediately to avoid additional delay.

The passing lane is intended to be in constant flow. Please do not stop in the passing lane to pick-up or drop-off. It is very dangerous for children to cross traffic between cars.

Thank you for your cooperation and support. Let's all work together to ensure a safe and efficient drop-off and pick-up of your child/ren.

Larry Kraut

Business Manager

HEALTH TIPS:

We are heading into our warm weather season and time for some Spring/Summertime reminders. Remember to:

- 1) Drink, drink, drink! Our bodies dehydrate quickly with the arrival of higher temperatures.
- 2) Wear sunscreen every day.
- 3) Wear a hat and sunglasses to protect your head and your eyes.
- 4) Dress appropriately. Layer your clothing so you are warm on the cool mornings but able to shed that outer sweater when the temperature rises throughout the day.

We have also recently seen an increase in students who are not eating breakfast prior to coming to school. Breakfast has been proven over and over to be the most important meal of the day, especially for young growing bodies. Please remember to eat breakfast!

We are almost through the cold and flu season, but hygiene protocols continue throughout the year.

Protocols include washing hands frequently, especially prior to eating. Cover your mouth and nose, with the curve of your arm, when sneezing or coughing. Stay home if you are ill.

GENTLE FOOTSTEPS



What's the largest contributor to air pollution in the world?

CARS!



Fossil fuel combustion, particularly as it occurs in motor vehicles, has been identified as the LARGEST contributor to air pollution in the WORLD.

(<http://www.epa.vic.gov.au/air/aq4kids/cars.asp>)

How can you help?

Walk, carpool, or take the bus to school. Less carbon emissions and less smog come from less burned fuel. We have to use gasoline or diesel to run most of today's cars-- so, let's use as little of it as we can! When you share a ride with others, it means fewer people have to use gas; and when you walk or bike, there is no fuel burned at all...except maybe your breakfast!



<p>A B Cs Of Student Success</p> <p>Q is for QUESTIONS.</p> <p>Find out what is on your child's mind by asking questions.</p> <ul style="list-style-type: none">- Ask specific questions. Your child is more likely to have an answer to <i>Who did you play with at recess?</i> than <i>How was your day?</i>- Ask open-ended questions. <i>How did you do that?</i> or <i>What would happen if...?</i> questions will yield more information than questions that can be answered in a word or two.- Help your child develop critical thinking skills by responding to his or her questions with questions. <p>©Copyright EducationWorld.com</p>	<p>Parent Pointers Starting a Conversation</p> <ul style="list-style-type: none">▶ Talk about what the Golden Rule ("Do unto others as you would have them do unto you") means.▶ One day in the week ahead, talk about what this quote means: "Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime."▶ Remind your child that "A good sport is always a winner." Talk about what that statement means. <p>©Copyright EducationWorld.com</p>
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ANNOUNCEMENTS

ASPSG MEETING

The next ASPSG meeting will be held on Monday, March 15, from 8:30-10:00 a.m. Our speaker will be Dr. Nasser Loza. Since the meeting will be in the morning, it will be conducted in Room 70 of the Middle School.

OVERDUE LIBRARY REMINDER

Please remember to return any overdue library materials your child may have. Report cards will be sent home on Tuesday, March 16. Any students with overdue library materials (Trimester 2) WILL NOT receive his/her report card until library items are either returned or reimbursed through the cashier.

LOST & FOUND

Please note that Lost & Found is open daily from 7:30 a.m.-3:30 p.m. The room is located through the ID Office doors, straight ahead, last door on the left. There are many, many items such as water bottles, clothing, lunchboxes, and costume jewelry. If your child is missing something, come have a look. Unclaimed items will be donated to charity at the end of the school year.

MAADI LITTLE LEAGUE BASEBALL

Maadi Little League Baseball late registration--if you missed the registration, please come on Saturday, March 13, to Victory College between 9:00 a.m.-12:00 p.m. for late registration. Fees are \$60 or 330LE. If players are 11 or older, they will need to participate in a skills assessment as well. Teams will be formed right after, so get in on the springtime fun!

PTO NEEDS YOU!!

The PTO Board is seeking a BOOK FAIR Chairman/Co-Chairmen for the upcoming 2010 Book Fair. This is a fantastic annual event to which everyone looks forward. The Book Fair provides our students and families with an opportunity to purchase books from a wide selection of popular children and adult titles. The Book Fair each year is an important fundraiser for the PTO in general, and many parents participate each year as volunteers! Please contact the PTO President, **Bency Zacharia** (bencyzac@hotmail.com) if you are interested. We need to start the book ordering process soon and need a new Chair/Co-Chair in place now!! This is a wonderful opportunity to get involved with the school and the entire PTO!

MOVING ON FROM CAC AT THE END OF THE YEAR?

To help us prepare your records in time for your departure, please use the link below to let us know if you are withdrawing from CAC this year.
<http://www.cacegypt.org/about/withdraw.php>

Danya Amin

Director of Admissions/Registrar

PTO INTERNATIONAL FESTIVAL

Have you noticed the buzz around campus? On Saturday, March 20, we are proudly looking forward to celebrating our international diversity here at CAC. Students, parents and teachers from 45 countries will be providing you with a day of great food, wonderful performances and lots of fun activities. If you would like to join, please buy the tickets in advance. We will be selling tickets every afternoon next week after school at the front gate. Tickets will be 10 LE which includes one coupon that can then be used on the day for food, drink or your chance to win one of those great theme baskets for which we have graciously accepted your donations the past few weeks. Please note that this event is for **CAC ID Card holders only--no guests allowed.**

For more information, contact Ineke Hodder at imhdder@mac.com or 016-604-6797.

Please Note:

In order to set up for the PTO International Festival, the CAC campus will be closed to the community beginning at 8:00 a.m. on Saturday, March 20. Ticket holders will be admitted to the event beginning at 11:00 a.m., and at 3:00 p.m. all CAC ID holders will have access to the campus as usual.

Mark Sullivan

Activities Director



MARCH 20, 2010
11am-3pm
LIMITED TO CAC COMMUNITY
tickets: 10le presale
15le at door (if available)