



Elementary EXPRESS

Elementary Office Publication

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Important Dates

Friday, Aug. 28

Cub Scouts Registration
9:00 a.m.-12:00 p.m.
Lunchroom

Saturday, Aug. 29

Girl Scouts Registration
9:00 a.m.-12:00 p.m.
Lunchroom

Sunday, Aug. 30

ES Snack Sale
10:00-11:00 a.m.
Near ID Office

Boy Scouts Troop 701 Meeting
7:00-9:00 p.m.
Lunchroom

Tuesday, Sept. 1

ES Snack Sale
10:00-11:00 a.m.
Near ID Office

Wednesday, Sept. 2

Back-to-School Night
3:30-5:30 p.m.
Grades 1-5

Thursday, Sept. 3

ES Snack Sale
10:00-11:00 a.m.
Near ID Office

What's For LUNCH

Sunday - Homemade beef sausage in a bun + carrot sticks = 15 LE

Monday - Chicken shawerma + drink = 15 LE **(Cash only today!)**

Tuesday - Baked fish fingers + roasted potatoes + green beans = 15 LE

Wednesday - Meatballs in tomato sauce with rice = 15 LE

Thursday - Pasta with tomato sauce = 15 LE

Max's coupons may be used on Sunday, Tuesday, Wednesday, and Thursday. Coupons are available in the ES office or at Max's Restaurant, 10 for 150 LE. All Max's meals are served with fresh fruit and a drink option of milk, juice, or bottled water. Second portions of Max's meals are available at a cost of 8 LE.

Principal's Note

Hello Everyone,

We have just completed our second full week of school and what a wonderful week we have had in the ES. On Sunday, we gathered in the theater for two outstanding "Welcome Back" assemblies. A welcome from our Superintendent, the singing of our Dolphin Song, the introduction of our ES faculty, an acknowledgement and welcome to our new students, a recognition of the cultural diversity within our ES students and the 45 countries we represent, a very fun "Back to School" slide show, and the singing of our Peace Song all made for a fabulous coming together and a terrific way to officially kick off our year together.

On the classroom side of things, our teachers have done an amazing job of creating warm and inviting classroom environments. Each day they sow and nurture the seeds for the development of productive and rich learning communities which will bare fruit throughout the year. We want you to be part of our learning community as we recognize the importance of your involvement in your child's education. A great first step in helping to make this a successful year and becoming connected with your child's learning is to attend our Back-to-School event. Our Pre-K and KG parents attended a Back-to-School session today; and now we would like to invite parents of students from Grades One to Five to a "Back-To-School Event" on Wednesday, September 2nd.

Back-to-school meetings are designed to provide parents with an opportunity to meet their child's teacher and to learn about the instructional philosophy and the curriculum at the grade level. The session is designed to be a whole group conversation and not an individual parent-teacher conference time. We are extremely excited to share what we do, so we hope you can join us. Respecting our CAC Ramadan guidelines and in an effort to accommodate parents with more than one child in the grades one to five, each classroom teacher will host two identical forty-minute sessions--one at 3:30 p.m. and another at 4:15 p.m.

Besides classroom teachers, Learning Support teachers will be available in their rooms for parents who wish to stop in, while counselors and administration will be available to meet and assist as needed. Please note that back-to-school meetings are designed as a parent information evening, so children are not expected to attend.

We are looking forward to welcoming all of you to our Back-to-School event. Have a terrific weekend, and thank you for your on-going support.

Regards,

Seamus Marriott
Elementary Principal

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iHola! My name is Juana Shaffer, and I am from Chile in South America. I am a part-time Spanish teacher in Elementary School for grades 3, 4 and 5 (Advanced Level). I graduated as a Spanish teacher from Universidad de Concepción in my country and I am now working on my Master's Degree in Spanish at New Mexico State University.

I have taught Spanish to native and non-native speakers for 13 years, in elementary, middle, high school and college, and now I am glad to work with elementary school students again. I am sure we will have fun and I will be glad to see how they speak and enjoy the culture of the Hispanic world.

Thank you for letting me be a part of your children's experience in learning a new language.

Adiós,
Juana Shaffer



Greetings! My name is Udai Singh and I consider it a privilege to be teaching at CAC. My wife Sungeeta Singh is an ESOL teacher/literacy coach at the elementary school. We have two daughters, one living in New Zealand and the other in Hong Kong. I come to Cairo, having taught for the past ten years at the Hong Kong International School. I have also taught in New Zealand and South Africa. I have a B.A. from the University of Durban-Westville and a B.Ed. from the University of South Africa.

Although I have taught students aged 8 to 18 in the past, I enjoy teaching upper elementary students. I consider myself a life-long learner who attempts to keep abreast of changing educational trends.

My interests include sports, travel and reading.
Udai Singh



My name is Cindy Streur and my home is in Vancouver, Washington, in the beautiful Pacific Northwest. My family and I are avid outdoor enthusiasts. We love to hike during the summer up the sides of dormant volcanoes in the snowcapped Cascade Mountains. We kayak, camp and explore the hundreds of islands in the Puget Sound. Once we even strapped our bikes onto the backs of our kayaks so that we could have motorless transportation once we reached the islands. Any activity that is outdoors and in nature, we love to experience it.

Although I taught for many years in Washington, my most recent international teaching assignment was at the American International School in Budapest, Hungary. This is my first year at CAC and I love teaching 5th grade. I am looking forward to an exciting year ahead.

Cindy Streur



My name is Ronna Zigmand and I've been teaching elementary physical education internationally for the past 17 years. I have a BS in fitness management and an MA in physical education. Our international teaching experience started in Morocco, continued in Taiwan and the Dominican Republic and most recently we taught in Shanghai. My husband Karl teaches middle school physical education and we have two children: Kyle going into grade 8 and Ava going into grade 6. We are originally from Massachusetts where we have a house and spend our summers. We look forward to living and working in Egypt and interacting with the CAC community.

Ronna Zigmand



LOOKING FOR AN OPPORTUNITY TO FEEL NEEDED AND APPRECIATED?



We need a BAKER BOOK VOLUNTEER COORDINATOR for the 09-10 school year. This job takes just a few days in the fall and again in the spring. It is the "glue" that keeps the Baker Book opportunity of new quality books available to our students and families! We need an energetic person to collate all of the classroom orders, count the cash, and coordinate parent volunteers from classrooms to help with this process. It is a rewarding job and much appreciated by teachers, students, and parents! Think about it and give Marci Carrel, the ES Assistant Principal, a call if you are willing to give it a try. You will be glad you did!



**SUN SAFETY...
AT CAC WE ENCOURAGE SUN SAFETY**



To be sun safe and healthy, please remind your child:

To always wear sunscreen/sunblock. Applying sunblock as part of your morning routine is a good start.

Always wear a hat when you are playing outside. You might have a hat that stays in your backpack or at school.

Stay hydrated! Drink lots of water!

ANNOUNCEMENTS

CUB SCOUTS REGISTRATION

Registration for Cub Scouts will take place in the ES Lunchroom from 9:00 a.m. to 12:00 p.m. on August 28. Scouting is a great way for boys in grades 1-5 to interact with each other in a fun and safe environment outside of school. All CAC boys in grades 1-5 are welcome to join the Pack. There are several adult positions available as well.

GIRL SCOUTS REGISTRATION

Registration for Girl Scouts is this Saturday, August 29, from 9:00 a.m.-12:00 noon in the Elementary Lunchroom. Registration fee is \$40 USD or 222 LE. Looking for Troop Leaders! If you would be interested in being a Troop Leader, please come by and find out more about the Girl Scout program.

CAC LIBRARY HOURS DURING RAMADAN

The library will close at 4:00 p.m. each school day during Ramadan. Saturday hours will remain the same, from 10:00 a.m. – 2:00 p.m.

NEW! SYNCHRONIZED SWIMMING AT CAC!

Ms. Tatiana will coach this fun activity from 3:15-4:15 p.m. every Tuesday beginning Sept. 1 through Nov. 10. Open to girls 4th grade and older, must be drown-proof in deep water. Sign up at the pool office. Course Cost: \$50 for 10 sessions.



SPRINGBOARD DIVING: Dr. Ashraf coaches beginning and advanced springboard diving every Tuesday afternoon beginning Sept. 1 through Nov. 10. Open to 1st grade and older, must be drown-proof in deep water. Sign up at the pool office. Course Cost: \$50 for 10 sessions.

LEARN-TO-SWIM CLASSES: American Red Cross swim classes for all levels beginning Saturday, Sept. 5. Register NOW at the pool office.

FALL AGE GROUP SWIM TEAM: Sign-ups for new swim team members are Sept. 2 and 3 from 3:00-4:00 p.m. at the pool. Old team members may sign up by emailing Coach Char (cwebb@cacegypt.org) with your full name, birthdate, age, grade and preference of practice days—Sun./Wed. or Mon./Thurs. Practices begin Sept. 23, immediately after Ramadan!

POOL OFFICE HOURS: From 4:00-7:00 p.m. August 23-27 and from 5:30-7:30 p.m. August 30 through the remainder of Ramadan.



MEASURES OF ACADEMIC PROGRESS (MAP)

Dear Parents,

The first session of MAP assessment will be starting next week as follows:

3rd grade – September 7-9

4th grade – September 10-14

5th grade – September 15-24

Please remind your child that MAP assessment is beginning and help to ensure they get adequate rest and a healthy breakfast particularly during the assessment period. MAP assessment is important and we want the students to do their best. However, it also important that a child feels calm during the assessment, so please reassure your child that MAP is only one of many ways to assess academic skills. If you are interested in learning more about MAP, please go to the ES Counseling webpage or explore <http://www.nwea.org/> for more information.

Please feel free to contact me with any questions or concerns.

Regards,

Zach Secrist

School Psychologist/Counselor

zsecrist@cacegypt.org

2755-5205



CAIRO YOUTH SOCCER LEAGUE 2009



Calling all soccer stars!!!

Registration for the 2009 season will be held on the following dates:

SATURDAY June 27th at MBIS 9-12 noon

SATURDAY August 22nd at CAC 9-12 noon

SATURDAY August 29th at CAC 9-12 noon

Check our website www.cairoysl.org for details of how to register



Many thanks to our 2009 sponsors
Yellow Pages and Fayrouz



Weekend with the Pharaohs

2-Day Ceramics Workshop for Children

taught by **Kimberly Odekirk**

Students will have fun creating these canopic jars in clay and adding finishing touches in color.



Date: Fri-Sat-Aug 28-29
Time: 1:00-4:00 pm
Place: CAC-Room 626
Age: 8-15 years
Fee: \$65

Register:
Kimberly 010-517-6831
Activities Office:
Tel: 2755-5461
sserry@cacegypt.org