



# Elementary EXPRESS

Elementary Office Publication

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### Important Dates

#### Sunday, Sept. 13

5N/5S Field Trip/Iftar  
9:15 a.m.-7:15 p.m.  
Bakery/Market/Lunchroom

ES Snack Sale  
10:00-11:00 a.m.  
Near ID Office

#### Monday, Sept. 14

*Baker Book Order Forms Due*  
8:00 a.m.

Grade 3 Iftar  
5:15-7:15 p.m.  
Lunchroom

Cub Scout Committee Meeting  
7:15-9:00 p.m.  
Lunchroom

#### Tuesday, Sept. 15

ES Snack Sale  
10:00-11:00 a.m.  
Near ID Office

Booster Club Sale  
3:00-4:00 p.m.  
Outside Health Office

Grade 2 Iftar  
5:30-7:30 p.m.  
Lunchroom

#### Wednesday, Sept. 16

Booster Club Sale  
3:00-4:00 p.m.  
Outside Health Office

#### Thursday, Sept. 17

*International Peace Day*  
Peace Assembly  
8:15 a.m.  
HS Field

ES Snack Sale  
10:00-11:00 a.m.  
Near ID Office

## What's For Lunch

**Sunday** - Homemade beef sausage in a bun + carrot sticks = 15 LE

**Monday** - Koshari + drink = 15 LE **(Cash only today!)**

**Tuesday** - Baked fish fingers + roasted potatoes + green beans = 15 LE

**Wednesday** - Meatballs in tomato sauce with rice = 15 LE

**Thursday** - Pasta with tomato sauce = 15 LE

**Max's coupons may be used on Sunday, Tuesday, Wednesday, and Thursday. Coupons are available in the ES office or at Max's Restaurant, 10 for 150 LE. All Max's meals are served with fresh fruit and a drink option of milk, juice, or bottled water. Second portions of Max's meals are available at a cost of 8 LE.**

## Principal's Note

Hello Everyone,

Iftar celebrations have been popular within the ES over this past week. Three of our Grade 5 classes hosted an Iftar for our custodians on Wednesday evening, while our other two grade 5 classes are prepping for this coming Sunday. In addition to the wonderful community work of our Grade 5 students, we have had wonderful grade-level family Iftar gatherings for KG and Grade One which have been well attended and fun for families. Next week we have Grade 3 and Grade 2 families gathering for Iftar on Monday and Tuesday evenings respectively. We would like to extend a big "Thank You" to Samia Wadman for her work in coordinating the various grade-level family Iftar feasts.

Our ESL Parent Night was presented this week and proved to be a very informative and successful event for all those in attendance. Thank you to our ESL teachers for organizing and hosting this most worthwhile event.

Though we have smiling students every week, we expect an abundance of extra big smiles next week as it is ES student photo time. Happy faces and smiles will also be a big part of our school-wide assembly next Thursday, Sept. 17, at 8:15 a.m. We are coming together as a CAC community in celebration and recognition of World Peace Day. Our Peace Committee has been hard at work planning our upcoming whole school assembly and other activities to help our students recognize the importance of peace within our world. More details are provided below on how you can purchase a Peace Day T-shirt. We hope you can join us for our Peace assembly.

As a final note for your calendars and planning, please remember that there will be no school for CAC students on September 20 and 21 due to the Eid El Fitr holiday. We have had a terrific first four weeks together. Thank you for your continued support of our efforts and for recognizing that successful schools definitely are a partnership between home and school.

Have a wonderful weekend!

Regards,  
**Seamus Marriott**  
Elementary Principal

**LITERACY**

Help Your Child Become a More Independent Reader...

**INDEPENDENT READING STRATEGIES**



When I get stuck on a word in a book  
There are lots of things to do  
I can do them all, please, by myself;  
I don't need help from you.

I can look at the picture to get a hint,  
Or think what the story's about.  
I can "get my mouth ready" to say the first letter,  
A kind of "sounding out."  
I can chop the word into smaller parts,  
Like on and ing and ly,  
Or find smaller words in compound words  
Like raincoat and bumblebee.  
I can think of a word that makes sense in that place,  
Guess or say "blank" and read on  
Until the sentence has reached its end,  
Then go back and try these on:  
"Does it make sense?"  
"Can we say it that way?"  
"Does it look right to me?"  
Chances are the right word will pop out like the sun  
In my own mind, can't you see?

If I've thought of and tried out most of these things  
And I still do not know what to do,  
Then I may turn around and ask  
For some help to get me through.

Poem By: Jill Marie Warner

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**ANNOUNCEMENTS**

**INTERNATIONAL IFTAR**

Grades 2 and 3 parents! Please join us for an international potluck Iftar in the elementary lunchroom next week. We will enjoy various dishes from around the globe. Other grade-level Iftars will be held throughout Ramadan, so watch for your child's grade. The schedule for next week is as follows:



Grade 3	Monday, Sept. 14	5:15 p.m.
Grade 2	Tuesday, Sept. 15	5:15 p.m.

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**REMINDER FROM THE HEALTH OFFICE**

The "Annual Student Information" form (one for each individual student) and the "Student Medical Examination" (signed by a physician) for all new students and students in grades Pre-K, KG, 1, 3, and 5 are **due next Wednesday, September 16**. Please return all forms directly to the Health Office.

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**BOOSTER CLUB SPIRIT WEAR SALE!**

The Booster Club will be having a sale on Tuesday, September 15, and Wednesday, September 16, from 3:00 to 4:00 p.m. at the front entrance outside the Health Office. Items include new T-shirt designs, PJ pants, bags, sweatshirts, football capri pants, and many other items in sizes ranging from youth S to adult XXL.

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**SPORTS AWARD**

We are pleased to announce that CAC is the winner of the ISST Best Varsity Average Results for 2008-09 and was awarded the "Eddie Hufford" Trophy!! This means that in all ISST activities at the Varsity level, CAC had the highest total finishes of all participating schools!! Obviously, we are very proud to have won this title and take this opportunity to thank all our coaches, parents, and, of course, our athletes. Go Eagles!



**BAKER BOOKS ORDER FORMS DUE**

Please remember to return your Baker Books order forms no later than 8:00 a.m. on Monday, September 14. Totals are due in Egyptian pounds. If you do not have the exact amount, any overpayment will be reimbursed at the time of book deliveries.

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**GRADE 5 IFTAR**

Three of our fifth grade classrooms (5C, 5D and 5W) prepared for their annual fundraising Iftar this week. With the assistance of our Egyptian Culture Department, they spent the day going to local markets and bakeries, and then preparing the food for a successful Iftar gathering on Wednesday. Great job, students!





# Peace Day T-Shirts



**The Peace Day Assembly is on September 17**  
Please look for us outside the Elementary Office  
Sunday, September 13 - Wednesday, September 16  
from 3:00 To 3:30  
for T-shirt sale



(front)

T-shirts will cost 60 LE  
**(Limited quantities)**



(back)