



Elementary EXPRESS

Elementary Office Publication

In This Issue

[Principal's Note](#)
[Important Dates](#)
[Announcements](#)

Important Dates

Sunday, September 30

Year of the Reader
 Assembly
 8:15-8:35 a.m.
 HS Field

5th Grade Ramadan Iftar
 ES Lunchroom

Tuesday, October 2

Gr. 1 Pot Luck Iftar
 5:00-8:00 p.m.
 ES Lunchroom

Wednesday, October 3

KGD Assembly
 8:10-8:30 a.m.
 Rm. 600

Thursday, October 4

Palm Tree Farm Trip
 KGD, KGS & KGZ
 8:15 a.m. - 1:00 p.m.

Parent/Teacher Conference
 Forms Sent Home

Saturday, October 6

6th of October Holiday
 Library Closed

Sunday, October 7

NO SCHOOL
 6th of October Holiday
 Armed Forces Holiday

Monday, October 8

Giza Pyramids Trip
 1P
 8:15 a.m. - 12:15 p.m.

Thursday, October 11

Professional Development
 Early Release Day
 ES Students Dismissed at
 11:30

What's For Lunch

Sunday – Homemade beef sausage and mashed potatoes with green beans = 12 LE

Monday – Pizza + wafer + juice = 7 LE for 1 slice; 10 LE for 2 slices; 12 LE for 3 slices/ (**Extra Drinks = 2 LE**)

Tuesday – Baked chicken fingers + potato wedges + fresh fruit = 12 LE

Wednesday – Beef Stew and white rice with fresh fruit = 12 LE

Thursday – Pasta with meat sauce, cheese, steamed vegetables with fresh fruit = 12 LE

Max's coupons may be used Sunday, Tuesday, Wednesday and Thursday. 10 coupons for 120 LE available in the ES office or at Max's Restaurant. Cash only on Mondays!

Principal's Note

Read, Read, Read...

Hello Everyone,

Next week is "Leap into Reading Week." A celebration of literature and our way of kicking off the "Year of the Reader" within our elementary community. We will begin our week with an ES assembly beginning at 8:15 am. Please feel free to grab a book and join us for this fun and uplifting event. Throughout the week classes are encouraged to get involved in various activities to promote reading as much as possible. To end the "Leap into Reading Week" Thursday is – Cuddle up with a book day. All students & teachers are encouraged to get comfy with a book by wearing their pajamas, bringing their favorite teddy or comfy pillow and get cozy with a book. Just to reassure you, Thursday will be a normal schedule with all the regular classes. We are simply adding a little fun to our day by wearing our PJ's and emphasizing the importance of reading with some cuddle up and read time.

Have you ever thought of how you as a family promote and support reading at home? Perhaps during our "Leap into Reading Week" you can have some fun and plan to spend some significant time together as a family with a favorite book or do something special involving reading. A family book talk, a reader's theatre, or family poetry night might be some of your family's ideas. Go wild, be creative, and be sure to share your ideas with us for upcoming editions of our EE. One of our goals for the Year of the Reader is to heighten our student's level of awareness of the importance of reading and to have our students read, read, read. We would certainly appreciate your support at home and any efforts you can make to assist us in reaching our goal.

As we reported a few weeks ago, Grade 5 students have been busy working at school, in the mornings, at lunch and after school, earning sponsorship money. The funds they earned went to buying supplies so that the students could prepare and host two different Iftars for CAC Support Staff during Ramadan. Some students were busy last Sunday and others will be in the throws of food preparation this coming Sunday. This truly is a wonderful event and I would like to extend our kudos

to the students and their teachers for their work and dedication to this worthwhile community project. I wish to congratulate our entire grade 5 team on their spirit of giving and for a job well done.

Today our Grade 2 students celebrated their "All About Me" Festival. A fantastic array of student's talent and various collections were shared and applauded. Way to go Grade 2!

Last week we introduced to you our hard working, wonderful CAT members. Unfortunately, somehow a person from our team was overlooked, so with sincere apologies, it is our pleasure to introduce to you Karen Pettigrew our PTO liaison on CAT.

Thank you all for another wonderful week in the elementary world. Enjoy your weekend and remember Read, Read, Read!

Regards,

Seamus Marriott

Elementary principal

smarriott@cacegypt.org



KAREN PETTIGREW
PTO Liaison

pettigrew_gk@hotmail.com

LET'S LEAVE GENTLE FOOTPRINTS ON OUR PLANET

Recycled Note Cards

Here's a fun way to get your child involved in recycling! Put all of your used greeting cards in a basket with colored paper, scissors, glue and some colored pens. Let your child cut up the old cards and make new ones. They will have a good time doing it and you'll have some unique new note cards ready to go.

Announcements

LOST AND FOUND

Please check with Lost and Found for lost items. We have around 20 swim bags, some lunch bags, water bottles, plastic sandwich boxes, books, 3 mobiles, flip flops and sun caps. Please come and check if your child has lost anything. Thanks!

HEALTH OFFICE REMINDER!!!

Parents,

There have been a number of students in the school who have been found with lice and nits (eggs) in their hair. Please check your child’s head for evidence of lice, and treat if necessary. If you find them, please let the nurses know and bring your child to the health office prior to bringing your child back to school.

Getting lice is a relatively common occurrence all over the world. It is NOT an indication of hygiene, as actually lice prefer clean hair. They spread very quickly among children, as they are so close to one another; hence we ask that you let us know if you find them.

The following may be helpful as prevention for your child:

- 1- Have your child tie back their hair if it is long
- 2- Brush hair frequently, and do not share hairbrushes or combs
- 3- Use conditioner after shampooing, as it makes the hair harder for the lice to hold on
- 4- Use conditioner on dry hair, and allow to stay in for 15 minutes then use regular shampoo and shampoo as normal.

Here is a link to the Center for Disease Control (CDC) which provides a description and pictures of what you are looking for: http://www.cdc.gov/ncidod/dpd/parasites/lice/factsht_head_lice.htm

We need to work together to keep the little critters away!

.....

FROM THE PE DEPARTMENT

Dear Parents,

Please note that **swimming has now finished in PE** for all KG – 5 students and our new unit of work starts this **Sunday, 30 Sept in the gym.**

All students should come to school in their gym uniform (shorts, t-shirt, socks and sneakers) on their PE days.

Only CAC school PE uniform is allowed in PE class and this can be purchased at the school store.

Also please be on the lookout for your son/daughter’s swim progress report which should have arrived home in their school bags this weekend!

The skills required for each swim level are explained on the school website – follow the link: academics/athletics - aquatics - PE swimming – click in the side bar American Red Cross levels.

.....

READ! READ! READ!

At CAC, it is the "Year of the Reader."

- 1. Thank you for your high interest in ordering from Baker Books. Look for delivery before the end of October.
- 2. PTO Book Fair- right here in our own elementary lunchroom, books are on display and available for purchase during the week of **November 4-8.**

Two great ways to add to your home library!

.....

FINAL ID RENEWAL REMINDER

Don't forget to renew your CAC ID cards if you haven't already done so. The deadline is September 30th and as of October 1st you will not be able to access the campus with your old ID card.

ID Office working hours are from 8:00am - 3:00 p.m. on week days. If working parents would like to schedule afternoon/early evening appointments they may contact Mrs. Susan Mohsin in the ID Office (E-mail: smohsin@cegypt.org).

SUNDAY SCHEDULE

Tuesday, October 9
Wednesday, October 17

Both days will run as Sunday Schedule

ELEMENTARY EXPRESS

Please notify the ES office if you don't receive the Elementary newsletter (Elementary Express) electronically. Usually the problem with sending to a hotmail account is that it doesn't accept more than a certain number of emails sent at once. Also, sometimes parents request the newsletter to be sent to a preferred email which is different from what the school registrar has. So please if you have a problem with receiving the Elementary Express, contact Eman Hamza at ehamza@cegypt.org. Thank you!

ELEMENTARY CHOIR NOTICE!!

Parents of Fourth and Fifth Graders: I realize it is early in the year to announce the beginning of the Elementary Choir, but schedules seem to fill up so quickly here at CAC, and I want to give your child the opportunity to sign up for this special after-school activity when the time arrives. The first rehearsal will be Sunday, January 27th, 2008, from 3:10 to 4:00. That's right, January! Rehearsals will be held in this time slot every Sunday and Tuesday in the elementary music room until the April 15th Fourth and Fifth Grade Concert.

The Elementary Choir will be featured at both concerts on April 15th and at the evening concert on April 16th. If your child wishes to make this commitment, it is imperative that she/he attends rehearsals on both Sundays and Tuesdays in order to prepare for these performances. Please mark the dates above on your calendar, and applications to join will be handed out to your child when school resumes in January. Thank you for your support!

Rebecca Nerenhausen,
Elementary Music specialist

MULTICULTURAL COMMITTEE MEETING FOR ALL VOLUNTEERS

Are you a musician, a cook, a photographer, or a painter ...?
Want to share your customs and traditions.
We welcome everyone with a new idea.

Our first meeting is on Tuesday, October 2nd, 10 am, at Room 70, MS Building

For more information, please feel free to contact:

Helga Meinardus
Mobile: 016-2641805
Email: helga@meinardus.net