



# *Highro- Glyphics*

**High School Weekly News**

**Thursday, October 29, 2009**

## ***Thank You to Parents***

With the new online booking procedure for this year's high school Parent/Teacher Conferences, we had over three times the number of scheduled conferences from last year. The day was a success, but we do apologize to some who were unable to properly confirm their teacher appointments using the new online system; and we made adjustments to solve these issues for better online bookings in the future. Thank you again for taking the time to visit with teachers and being directly involved in your child's learning.

## ***Successful 31<sup>st</sup> Annual CAC MUN Conference***

The 31<sup>st</sup> Annual CAC Model United Nations Conference was a huge success last weekend, and hearty congratulations go to all MUN delegates, parents, directors, and other participants who housed student delegates and directors. A special thank you goes to Ms. Lamia Mazhar and Ms. Jocelyn Popinchalk who organized and facilitated this impressive MUN conference.

## ***Student Lifestyle Survey***

Last week, the Student Lifestyle Survey was conducted, asking students questions about varied issues related to student health. The purpose of the survey is to help counselors, health teachers, and the REACH Committee develop programs that match the needs of our student body. Each year, students complete the form anonymously and confidentially, and the information is very valuable in generating new programs at CAC.

Please contact your son or daughter's counselor if you have any questions about the Student Lifestyle survey.

## ***Successful Week Without Walls Parent Information Night***

On Tuesday evening, the Week Without Walls Parent Information Night took place, showcasing the program and the many exciting courses that are available to high school students this year. The evening event began in the theater, outlining some new changes to the program; also, important details were highlighted to help make the program run smoothly again for this year. Then in the gallery, the teacher chaperones shared information at

individual tables, disseminating specific information of the many diverse courses offered.

We encourage each parent to consider the best WWW course that would benefit your child, then complete the documents needed for course sign-ups next Monday, November 9. Please know that once the course selection is made, the selection cannot be changed and is financially binding. Thanks to all parents and students who attended this important informational evening.

## ***'Virtual School' Online Instruction***

Since our recent Virtual School online instruction, we have collected feedback from high school students on their online instruction experience; specifically, we asked what worked well for students and what challenges did they encounter. To add, a high school Online Instruction Committee was formed and comprised of parents, students, teachers, the Director of Technology, and an administrator. This committee met several times and formulated a final list of recommendations. Also, high school CAT meetings included discussions on our CAC online Blackboard instruction.

We are now in the process of reviewing recommendations and beginning to create specific procedures that will streamline Virtual School online instruction for students, parents, and teachers. We wish to thank all those who participated in this important dialogue.

## ***Halloween Carnival – October 30***

The Halloween Carnival takes place at CAC on October 30 from 4:00 p.m. to 7:00 p.m. and it is a school-wide event sponsored by the Junior Class that is a yearly highlight for many of our students. We look forward to seeing you there.

## ***Spirit Week – November 1 - 5***

This is an exciting time at the high school as we kick off Spirit Week! This coming week (November 1 to 5) is a wonderful opportunity for students to bond with their classmates, engage in friendly competition with other grades, and display school spirit by dressing according to one of the various theme days. Each grade-level has

selected its own theme, and special dress-up days for next week are listed below:

Sunday, Nov. 1	PJ Day
Monday, Nov. 2	Career Day
Tuesday, Nov. 3	Clash Day/Crazy Hair Day
Wednesday, Nov. 4	Class Theme Day
Thursday, Nov. 5	Class T-shirt/Color Day, and Assembly in the Gym at 1:40 p.m.

### **Week Without Walls Course Sign-Ups – November 9**

Week Without Walls student course sign-ups take place all day on Monday, November 9. This is a very exciting day for students, and WWW Course descriptions are available on the CAC website ([www.cacegypt.org/www09/index.php](http://www.cacegypt.org/www09/index.php)). It is important that students complete all documentation before this sign-up day; thank you for your help in making these sign-ups run smoothly for students.

### **Senior Faculty Dinner – November 18**

The Senior Faculty Dinner takes place on Wednesday, November 18 starting at 6:00 p.m. This is an opportunity for the Senior Class to show appreciation toward their teachers for all the hard work and dedication; students bring home-cooked food and serve it to their teachers.

### **Progress Reports – November 19**

Looking ahead, second quarter progress reports (POLAR Updates) will be available on POLAR starting Thursday, November 19 at noon. We encourage you to check your child's grades and attendance, and if you have specific questions or concerns about a particular class, please contact the teacher directly.

### **NHS Assiut Fun Run Walk-a-Thon – November 20**

The National Honor Society is again hosting the annual 'Assiut Fun Run Walk-a-Thon' event on Friday, November 20 from 7:00 a.m. to 11:00 a.m. on the track. The money raised from this event will go to the Assiut Burn Center, and your participation in this event would be greatly appreciated. For further details, please contact Mr. Max Seaton at extension 5463.

<i>Rob DeWolf</i> High School Principal	<i>Mark Pleasants</i> High School Assistant Principal
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### **Halloween Carnival**

Halloween is finally here!! This Friday is the Halloween Carnival, hosted by the Junior Class, staffed by MS and HS students for the enjoyment of our elementary students. It is a great community event, with food provided by the After Prom Committee and we hope you won't miss it. A reminder that admission to the carnival is only possible for students with pre-purchased tickets and a valid CAC ID. Adults do not need tickets, but they do need CAC ID. No tickets are sold on the day of the event and the CAC campus will be closed, beginning at 10:00 a.m., re-opening for Carnival goers at 4 p.m. Happy Halloween!

### **Homecoming Dance – December 4**

This year's Homecoming Dance will be postponed until Friday, December 4. The Junior Class has asked to postpone the Homecoming Dance in order to provide some stress relief for students following school closure, JV Volleyball, CAC MUN, the Halloween Carnival and Spirit Week. Tickets will go on sale in the coming weeks, and tickets start at 80 LE.

*Mark Sullivan*  
Community Relations and Activities Coordinator

### **Moving on from CAC at the End of the Semester**

To help us prepare your records in time for your departure, please use the link below to let us know if you are withdrawing from CAC this semester.

<http://www.cacegypt.org/about/withdraw.php>

*Danya Amin*  
Director of Admissions/Registrar

### **High School Events**

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|----------------------|----------|
| o Halloween Carnival | Oct. 30  |
| o Spirit Week        | Nov. 1-5 |
| o SAT Exam           | Nov. 7   |
| o WWW Registration   | Nov. 9   |

### **Announcements**

**PTO Movie Night** on Tuesday, November 3 at 7:00 p.m. in CAC Theater – Get ready for Dr. Michael Thompson's visit to CAC!

Join us for an important screening of Michael Thompson's movie, "Raising Cain: Exploring the Inner Lives of America's Boys". This is an extension of his exceptional co-authored book, "Raising Cain - Protecting the Emotional Life of Boys" and focuses on boys in particular as well as child and adolescent behaviors in general, highlighting how we as parents and caregivers need to guide our children through societal and peer expectations which may not always be appropriate or helpful. So many factors impact children's development and affect their growth and potential; it is essential that we as adults learn to protect and assist our children as they encounter and negotiate these issues and potential conflicts while providing an environment which is conducive to personal success.

The movie provides an excellent overview of many pitfalls and subsequent suggestions for coping with these challenges faced by our growing children. The film follows a chronological format, beginning at birth and moving through the many different ages of development, including elementary, middle and high school. Although the focus is on boys, there are numerous references to developmental issues in both boys and girls and a real emphasis on school and the classroom environment and how different children thrive or suffer in traditional versus more innovative schools. Are we providing the proper environment for our children at each age of development

so that they can prosper and succeed? Or, are our methods making it impossible for many of our students to excel as they battle their own biological development within a somewhat constrictive setting? The theme of America's boys is a starting point but most of the observations and recommendations transcend national boundaries as they highlight male development in general. It is an excellent and thought-provoking film and should be seen by all parents!

Moreover, as Dr. Thompson, a renowned child psychologist with many years of experience in the field as well as an outstanding public speaker, will be coming to CAC at the beginning of the second semester in January (a fantastic opportunity for everyone, sponsored by the PTO due to the success of all generous parent volunteers last year!) and will be sharing his insights with parents, teachers and counselors as well as students, this film is a wonderful first step in preparation for his visit. Begin to stimulate and educate yourselves regarding issues and questions you may have and get ready to discuss these timely topics with Dr Thompson when he arrives in January!

We will offer another evening screening of the movie towards the end of the term, on December 13. Also, the PTO is trying to arrange a morning/afternoon screening as well, followed by moderated discussions. More details to follow! SEE YOU TUESDAY!!!

Susan Thomas

**Multicultural Committee Cultural Trip** on November 4, depart CAC at 9:30 a.m. from back gate and return by 2:30 p.m.

Come for an exciting day touring two art galleries downtown Cairo!

### ***TownHouse Art Gallery***

Gallery of Contemporary Art

William Wells, the Canadian director will show us around the converted factory. His NGO gives back to the community in many ways and will share with us his passion and vision for the gallery.

Current exhibition: "Who Are You?" By Pro Helvetia

### ***Mashrabia Gallery***

Fodor lists this gallery as Cairo's best contemporary art gallery. Italian director, Stefania Angarano has lived in Cairo for over 20 years and was one of the first to open an art gallery in Egypt. She will guide us through her charming gallery tucked away off of a busy downtown street!

Bring along some water and a snack as there won't be time to have lunch downtown. If there is time in Maadi we will have a drink in the garden of Villa 55 on Road 9.

Maximum number of people is 22 so email us at [nitechick@hotmail.com](mailto:nitechick@hotmail.com) if you would like your name on the list! We look forward to seeing you!

### ***Jacqueline Seneshen***

The **PTO Book Fair 2009** is around the corner-**8-12 November 2009**. We have ordered **1000's of new books**, by local as well as international authors. **Paul Fleischmann** is our visiting author- check out his link: <http://www.paulfleischman.net>.

Additionally we are looking for donations of **pre-loved adult books**. We will sell them during the book fair and **proceeds** will go to **the library of the Alwadi boys orphanage** the PTO has been sponsoring the past couple of years.

Please drop your adult pre loved books off in the **Box marked PTO pre loved book sale, Inside the entrance of the front gate By 4 p.m. on Monday 26 October 2009**

*Viveka Kumari and Ineke Hodder*