



Highro- Glyphics

High School Weekly News

Wednesday, November 25, 2009

Online Instruction in the High School

As we continue to help students make a seamless transition to online instruction in the event of a future school closure, we are continuing to improve our online procedures. To keep students current with Blackboard login use and procedures, teachers are posting assignments for the week each Sunday by 10:00 a.m. In posting information, teachers are listing the assignment, date due, and approximate time to complete the work. We are also working with students on how to use Google Applications (Google Apps), and we are very pleased to see the collaboration by students and teachers in working with Blackboard and Google Apps. Through this collaboration we are finding that Blackboard is helping to enhance the classroom experience.

Also, we are continuing to work with both students in teachers with opportunities in enhancing their online skills. We have given scheduled workshops in labs 100 and 102 where the tech staff presented brief demos, addressed "how to" questions and reinforced student and teacher skills through the online process. Based on parent feedback, we are now planning parent Blackboard tutorials which will take place within the next couple of weeks.

Finally, the high school is completing a 'High School Online Protocol' based on the recommendations that came from the student survey, the High School Online Instruction Committee (comprised of students, parents, teachers and administrators), the Heads of Department, and high school faculty input at faculty meetings. This protocol will be published this week and will be a guide for parents, students and teachers of our online instructional program in the event of a future school closure.

Thank you for your continued support as we work to improve the high school online instruction process for students.

Thanksgiving Holiday – November 26

This is a reminder that there will be no school on Thursday, November 27. Happy Thanksgiving to all!

Eid El Adha Holiday – November 27 – 29

We wish everyone a happy Eid El Adha Holiday! This holiday goes from Friday, November 27 to Sunday, November 29. School resumes on Monday, November 30 (4/FGHE day).

World AIDS Day – December 1

On Tuesday, December 1, the high school will be commemorating World AIDS Day with various classroom and other activities. It is a day when students can learn more information about HIV and AIDS, the misconceptions about AIDS, the impacts on families and children, and the social responsibility that each of us faces as global citizens.

Thespian Spaghetti Dinner – December 1

The Thespian Society will hold its first annual Spaghetti Dinner on December 1st at 7:00 p.m. in the ES Lunchroom, where anyone and everyone can enjoy wonderfully homemade pasta dinner accompanied with live Thespian Performance, all for LE 50. This is also a charity event where all the money will go to help Saber Lofty, our Theater Technician, who was unfortunately involved in a car accident last year. Tickets are on sale at the Box Office during lunch and in front of the Health Office after school, so bring your friends and family for some spaghetti laughter!

High School Homecoming Dance – December 4

The student leaders of the Junior Class requested that the Homecoming Dance be postponed. Thus, this year's Homecoming Dance has been moved to Friday, December 4. The theme this year is Winter Wonderland and it will be held in the high school gym from 8:00 p.m. to 11:00 p.m. Tickets are on sale now.

Carol Concert – December 7

On Monday, December 7, the CAC Choirs will present a Carol Concert featuring the HS Concert Choir and Chamber Singers. The performance starts at 7:00 p.m. in the Holy Family Catholic Church (Building 55, Road 15, Maadi), and all donation proceeds will benefit the

Sudanese refugee schools in the Cairo area. Please get there early for seating.

Fall Athletic Awards Night – December 8

The Fall Athletic Awards Night takes place on Tuesday, December 8 starting at 7:00 p.m. in the Theater. This is an opportunity to recognize and celebrate the achievements of our CAC athletes who participated in the first season of athletics at our school. For more information, please call Ms. Sara Youssef at 2755-5417.

Dance Performance – December 9

There will be a high school dance performance on Wednesday, December 9 in the theater starting at 7:00 p.m. Come out and support the dance program at CAC and view the talents of our CAC students who participate in the program. We look forward to seeing you there.

Dr. Michael Thompson Film “Raising Cain” – December 13

On Sunday, December 13, Dr. Michael Thompson’s film Raising Cain will be shown in room 70 in the Middle School starting at 8:30 a.m. and ending at 10:30 a.m. There will be counselors from each division to answer questions at the end of the film, and we look forward to seeing you there.

Semester Exams – December 13 to 16

There is a special Semester Exam Schedule beginning on Sunday, December 13 and ending on Wednesday, December 16. Some classes will be giving exams while others will not. Please help ensure that your son or daughter is fully prepared for these semester exams.

Rob DeWolf

High School Principal

Mark Pleasants

High School Assistant Principal

H1N1 Update

The fall season is upon us with its change of weather and winds bringing new challenges to staying well. We continue to encourage the recommendations established by the CDC with actions to stay healthy.

- Wash hands frequently with soap and water, for 15-20 seconds or alternatively use an alcohol based hand sanitizer and rub hands together until they are dry.
- Cover your mouth /nose when you cough or sneeze.
- If you have a tissue, cough/sneeze into the tissue and immediately dispose of the tissue. Wash your hands.
- If you do not have a tissue, cough/sneeze into the curve of your arm.
- Keep your hands away from your eyes, nose and mouth.
- Stay away from those who are sick.

If you do become ill with a sore throat and run a fever, stay home.

If you are sick, stay home until you have been symptom-free for 24hours (without the use of any fever reducing medicine),

A reminder of our protocol at CAC: If your child has an elevated temperature (above 99 degrees Fahrenheit or 37.2 degrees Celsius) **please keep them at home for 24 hours after they are fever free (without the use of fever reducing medicines).**

Other actions that can be taken to help you stay healthy are eating a well balanced diet, (high in Vitamin C), sleeping for 8 hours every night, exercise daily, drink plenty of fluids and have time for fun and relaxation.

If you have any questions or concerns please contact the Health Office @ 2755-5533.

Angela Tipton and the Health Office

High School Events

○ Early Release Day/PD Day	Nov. 25
○ Thanksgiving Holiday	Nov. 26
○ Eid-El-Adha Holiday	Nov. 29
○ HS CAT Meeting	Nov. 30
○ Thespian Society Spaghetti Dinner	Dec. 1
○ Grade 9 Field Trip	Dec. 2
○ Homecoming Dance	Dec. 4

Announcements

PTO Presents a Daytime Movie!!! Monday, December 7 from 8:30 till 11:30 a.m. in Room 70 (MS) – Movie: 8:30-10:30; discussion: 10:30-11:30.

Join us at a screening of the acclaimed movie/documentary by Dr Michael Thompson: "Raising Cain: "Exploring the Inner Lives of America's Boys". Parents that previously attended our evening show found it to be very interesting and insightful. This is a second opportunity for you to view this thought-provoking film. Following will be a discussion hosted by our school counselors. If you attended the earlier screening, please attend this discussion session! This is a great way to familiarize yourself with some of the topics that Dr Thompson will be presenting and sharing with CAC faculty and parents in January.

Susan Thomas