



Highro-Glyphics



High School Weekly News

Thursday, November 30, 2006

End of Quarter Two

It's hard to believe that the end of the semester is so near. On Monday, December 4, students will submit all end-of-quarter work, Tuesday, December 5 and Wednesday, December 6 are review days, and then semester exams begin on Thursday, December 7.

Parents play a critical role in supporting students during their exams. And while teachers work hard in the classroom to support students in the classroom, parents need to support their children as they prepare at home. Primarily, make sure that students eat nourishing food, that they get enough sleep, and that they find the time for exercise to relieve stress, tension and pressure. Also, please ensure that study spaces are free from distractions; this includes I-Pods, chatting online, text messaging etc. Studying needs to be focused and centered. Remind your child to take scheduled breaks when studying (at least a ten minute break after 50 minutes of study). Perhaps most importantly, students need to begin the review process now. Waiting until the week before to start reviewing and then staying up late the night before the exam to cram last items of information, rarely produces good scores.

Semester One Final Exam Schedule

Tues., Dec. 5	Review Day	
Wed., Dec. 6	Review Day	
Thurs., Dec. 7	Period C	8:00-10:00
	Break	10:00-10:30
	Science	10:30-12:30
Sun., Dec. 10	Math	8:00-10:00
	Break	10:00-10:30
	Period E	10:30-12:30
Mon., Dec. 11	Period A	8:00-10:00
	Break	10:00-10:30
	Period F	10:30-12:30
Tues., Dec. 12	Period G	8:00-10:00
	Break	10:00-10:30
	Period D	10:30-12:30

Wed., Dec. 13	Period H	8:00-10:00
	Break	10:00-10:30
	Period B	10:30-12:30

Thurs., Dec. 14 Make-up Examinations

- Assessments in the performing arts, visual arts, and physical education will take place prior to this schedule. Students will not report to these classes for final exams during final exam week.
- Exams are designed to take two hours. Students must stay in the exam area for a minimum of 90 minutes. Students who finish their exams before 90 minutes may read or study. Students leaving after 90 minutes must leave the exam areas to avoid disturbing those still taking exams.
- The library will be open for quiet study during the exam periods.
- Students are not to remain in the building after their exams, but must leave the campus immediately after finishing their last exam of the day. Buses will depart promptly at 12:45 p.m.
- Students must be present for all their exams. The only valid absence for a final examination is a serious illness documented by a doctor's note. Oversleeping and family holidays are not acceptable reasons to miss an examination. Missing a final exam means no credit for that examination.
- Students who have two science and/or math classes will arrange separate testing times for their additional exams with their science and/or math teachers.

Rob DeWolf
High School Principal

Mark Pleasants
High School Assistant Principal

High School Events

End of Quarter 2	Dec. 4
Review Days	Dec. 5 & 6
Semester Exams	Dec. 7-13
Make-up Exams/Last Day of 1 st Semester	Dec. 14
Winter Break	Dec. 15 – Jan. 7
School Resumes	Jan. 8

PTO Notes

CAC Orchestra Holiday Concert - Everyone is invited to attend an afternoon of beautiful strings music performed by each of the after-school beginning, intermediate and community orchestras. The performance will be on Saturday, December 9 at 2:00 p.m. in the CAC Theater. A reception will follow to celebrate the season and their performances.

PTO MCC Christmas Potluck Luncheon - All parents are invited to the annual Christmas Potluck Luncheon on **Sunday, December 10** from 1:00 to 3:00 pm at 48 El Nahda Street. The garden entrance is on Road 15. Bring your favorite dish and enjoy the holiday cheer. For more information contact Elmare Maurin at maurinfamily@yahoo.co.uk.