



Highro- Glyphics

High School Weekly News

Thursday, April 30, 2009

A Busy Week of School Events

This past week have been a busy week of activity on and around the CAC campus with the Faculty Honors Dinner, the highly successful Screaming Eagles Track, the wonderful production of "Servant to Two Masters", the exceptional Spring Choir Concert and the Greek Mythology Dance performance, the amazing talents of the students who exhibited their work in the IB Art Show and the AP Art Show, and the exciting Student Council elections. A special thank you goes to the many parents and organizers who worked so hard to make these events happen and to the many parents of CAC who came and offered their support.

A Successful Faculty Honors Dinner for Honors Students

Last Tuesday, the high school faculty hosted the annual Faculty Honors Dinner for all the students who have been on the honor roll this year. This was a chance for the faculty to congratulate and celebrate the academic achievements of students at CAC by serving home-cooked food for these students in a garden setting. The turnout was excellent, and it was a very special evening for all. Thanks go to Max Seaton and CAC National Honors Society students for organizing the event.

NHS Induction – May 2

The National Honors Society Induction Ceremony will take place on Saturday, May 2 at 4:00 p.m. in the Gallery. Students and parents are invited to attend, and a reception will be held in the Eagle's Nest after the ceremony.

Maadi House Jazz Night – May 3

Come and enjoy a barbecue buffet and some fine jazz from the CAC Jazz Band on Sunday, May 3 from 6:00 p.m. to 8:00 p.m. at the Maadi House. Buffet tickets are available at the CAC Activities Office, Maadi House, or the US Embassy. Tickets are limited so get yours as soon as you can. All attending must have their name on a security list with the CAC Activities Office (Ext. 5406), even if you are not having the buffet meal.

ISST/EMAC League Information Meeting – May 5

There will be an important information and discussion meeting on Tuesday, May 5 regarding possible changes to EMAC and their effects on the CAC Athletic program. This is an opportunity to learn more and share ideas with Athletic Director Pat Higgins. The meeting begins at 7:00 p.m. in the elementary lunchroom and we hope to see you there.

IB and AP Examinations – May 4 to 22

AP and IB examinations (except Art) begin on May 4 and end on May 22 in the Gallery and the Eagle's Nest. All IB students have received individual examination packets. If your child is writing IB examinations, now is a very important time for review and study, and parental help and support at this time is very valued and appreciated.

Three Short Plays – May 6 to 8

The CAC Thespian Society will present three short plays on Wednesday, May 6, Thursday, May 7, and Friday, May 8 starting at 7:00 p.m. in the theater. These short plays are entitled *Hard Candy* by Jonathan Rand, *Chicken Bones for Teenage Soup* by Alan Haehnel, and *There Shall Be No Bottom* by Mark O'Donnell, and tickets are available at the CAC Theater Box Office for L.E. 20 each. Come on out and support the Thespians and their final production of the year!

NHS Book Fair – May 15

On Friday, May 15, the National Honor Society Book Sale will take place in front of the health office from 10:00 a.m. until 3:00 p.m. Monies raised from this book sale will go to a scholarship fund for the children of Saber Sadek, a former CAC theater manager who passed away several years ago. There will be many books available, and we hope you will come and take a browse.

Senior Service Project Fair Opening Evening – May 17

Students of the World Literature English 12 classes will present their senior service projects on Sunday, May 17 from 7:00 p.m. to 9:00 p.m. in room 600. This is a wonderful opportunity to see and learn about the many service learning experiences that senior students have

gained this year. The displays will remain in room 600 to Wednesday, May 20, and we hope that you will take the time to learn more about the many service learning projects that are taking place in the high school.

Intermediate/Advanced Actors Play – May 20 and 21

The Intermediate Actors Play entitled *Our Day Out* by Willy Russell will take place on Wednesday, May 20 and Thursday, May 21 starting at 7:00 p.m. in the theater. Tickets at a cost of L.E. 20 will be available soon in the Theater Box Office.

This Year's Prom and After Prom – May 22

Preparations are in full swing for this year's Prom and After Prom activities on the evening of Friday, May 22, and we will be there at both events for support and to join in the fun. Thanks to all parents for your help in the preparations for these very important events for students. Please note that students will not be permitted to leave the 'After Prom' event until 5 a.m.; the only exception is if a parent comes to the Maadi House to pick up his/her child. Also, students must have their CAC ID card with them at all times.

Band/Strings Showcase – May 25

The MS/HS Band and Strings Concert will take place on Monday, May 25 starting at 7:00 p.m. in the theater. This is the culminating event and the last time for seniors in the bands and strings to perform. We look forward to seeing you there.

Recognition Night – May 26

The high school Recognition Night takes place on Tuesday, May 26 at 7 p.m. in the theater. This is a semi-formal event (ties for student males are expected and no running shoes) where we honor students who have won various academic awards, and we recognize students for their efforts and performance. Parents and friends of these students are encouraged to attend.

Early Release Day – May 28

There will be an early release day on Thursday, May 28. Students will be dismissed from classes at 11:30 a.m. and buses will depart directly after classes. The afternoon is dedicated as a clerical day for teachers.

Rob DeWolf

High School Principal

Mark Pleasants

High School Assistant Principal

Swine flu

Swine flu has been in the news recently, having first been identified in Mexico and now has been found in numerous other countries including Canada, the US, England, Spain and France. To date, no cases have been identified in Egypt.

"Swine flu" is a viral illness characterized by fever, lethargy, lack of appetite and coughing like the regular seasonal influenza. Some people also have reported runny nose, sore throat, nausea, vomiting and diarrhea. Experts from the Naval American Medical Research Unit

(NAMRU) in Cairo tell us that the name "swine flu" is misleading in this case, as there has been no evidence of this virus being found in pigs. It is a distinctly human virus at this time, where people get it from one another from respiratory secretions and touching contaminated objects. This is an evolving situation, so you may want to follow the progress of experts in the field by logging onto <http://cdc.gov/swineflu/>. It also contains travel advisories. The most important prevention for any kind of viral or bacterial illness is good hand-washing, using soap and friction or waterless hand-wash. One study with Egyptian school children has demonstrated a 30% decrease in "regular" seasonal influenza in schools that actively promote hand-washing. CAC has had an emphasis on hand-washing for years, and parents can continue to remind all students to wash hands regularly, especially prior to eating. Encouraging people to not touch their nose or mouths, covering their cough and keeping children home who have fevers is very helpful.

CAC continues to be in contact with the US Embassy Health Unit and Regional Security Office, as well as NAMRU, receiving up to date information.

Eat healthily, drink plenty of fluids- stay at home if you have a fever- and wash your hands!!

CAC Health Office

High School Events

- HS Student Council Election Week Apr. 21-30
- AP Art Show and Exam Apr. 26-30
- SAT Test May 2
- NHS Induction May 2
- Jazz Night May 3
- AP Exams May 4-15
- IB Exams May 4-22
- Thespian Show May 6-8
- NHS Book Sale May 15
- Senior Service Project Fair May 17-20
- Intermediate/Advanced Actors' Play May 20 & 21
- Junior/Senior Prom May 22
- HS CAT Meeting May 25
- Band/Strings Showcase May 25
- H.S. Recognition Night May 26
- End-of-Year Art Show May 26-June 2
- ERD/Clerical Day May 28
(students leave @11:30)

PTO

Senior Slide Show - As our senior year finishes up, we are busy preparing our Senior Slide Show and we need your help. Senior Parents and Seniors, please send your favorite photos of your times here at CAC, photos from growing up, candid with friends, etc. to Katie Nelson at katieleigh398@hotmail.com or if you have lots, put them on a CD or flash drive and get to Katie ASAP. The sooner you get them in, the better chance you have for them to be in the show! Thanks!

Prom and After Prom - Dear Parents, the following is to inform you of some very special activities coming up in the next few weeks:

This year's Prom will be held on Friday, May 22nd from 8 PM until midnight at the Four Seasons Hotel, Cairo at Nile Plaza. This event will be chaperoned by CAC Administration and faculty, and is a highlight for our students. The Junior Class treats the Senior class to this night via fundraising throughout the year. Seniors receive complimentary tickets and Juniors purchase tickets. Underclassmen may attend if invited and accompanied by an upperclassman. Tickets will go on sale May 10-14, and May 17-21 at lunch time outside the Theater. Watch upcoming announcements for more information.

The Prom dinner-dance is an annual tradition at CAC and some students come as dates but many come by themselves or in groups. Dress is formal for students but can be anything from sport jackets to tuxedos for boys and short to long dresses for girls. Some students exchange wrist corsages for the girls and lapel boutonnieres for the boys but many do not exchange flowers. Many students meet at homes, all dressed up for photo sessions before leaving for the Prom. They may also plan to have dinner at a restaurant downtown before attending the Prom. A full buffet dinner, included in the cost of the Prom tickets, will be served at the Prom and students must arrive at the Prom by 9 P.M. so we ask that you encourage your student to skip the restaurant dinner and head straight to the Prom, after their photo session receptions. As you can see, it is a very busy night for our CAC students and the restaurant dinner is one thing too many. In the past, students have finally gotten to the restaurant, ordered dinner, and had to leave for the Prom before receiving their order.

After Prom is a drug and alcohol-free celebration held immediately following Prom at the Ma'adi House from 12:30-5 AM. This event will also be chaperoned by parent volunteers, Administration and faculty volunteers. Transportation is available from the Prom at the Fours Seasons Hotel to the Ma'adi House but students will need to sign up for this when purchasing their After Prom

tickets, which will go on sale at lunch, outside the Theater, from May 10-14th ONLY. Absolutely no After Prom tickets will be sold after May 14th as a list of names must be submitted to the Ma'adi House for security purposes. Please watch upcoming announcements for more information.

This event encourages a safe, substance-free Prom night and is supported by After Prom concession sales, corporate donations, and sales of After Prom items throughout the year. The After Prom party immediately follows the Prom and lots of food will be available and breakfast will be served, along with fun games, activities, and prizes.

For questions about Prom, please email Melanie Nelson at melanieextex@hotmail.com. For questions about After Prom, email Lisa Ferguson at ferguson0726@yahoo.com.

Spring Athletic Awards - Our Spring Athletic Awards will be held on Tuesday, June 2nd from 7-9 PM in the Theater. This season's participating teams are: JV Boys, Girls, and Varsity Girls Softball, Varsity Boys Baseball, JV & Varsity Track & Field, and Cairo Kickers.

To make this night successful, we need your help! As there will be almost no time between the return of the ISST teams and the Athletic Awards, we are currently preparing the slideshow and need photos of your EMAC and ISST athletes now. Please send photos (can be team, candid, action, or just silly) to Melanie Nelson at melanieextex@hotmail.com. Or if you have a lot of photos, put them on a flash drive or CD, put them in an envelope marked to Melanie, and leave them with Security at the front gate. (If you do this, please email Melanie so she knows to pick them up. Thanks!)

It takes hundreds of photos to make a great slideshow so send yours in today so your favorite team is represented. Don't wait until the last minute with the rush of end-of-the-year activities! Have any questions? Email or call Melanie on 010 361 3083. Thanks, as always, for your support of our Screaming Eagles!