

STUDENT CHECKLIST FOR MS & HS

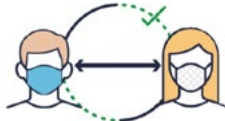
To keep our community safe and healthy, we each need to do our part.
Here are several things you can do to help.



Ensure your temperature is below 37.6°C/99.7°F without medication before coming to school and be sure you have a thermometer at school every day.



Wipe down your desk and chair before you leave every room.



Maintain at least two-meter distance between you and your friends and teachers throughout the day (classrooms, hallways, dismissal etc.).



Wash your hands or use hand sanitizer regularly throughout the day.



Wear your mask at all times unless directed by your teacher.



Bring a packed lunch from home.



Bring your water bottle with your name written on it.

PARENT CHECKLIST FOR MS & HS

To keep our community safe and healthy, we each need to do our part. Here are several things you can do to help.



Ensure your child's temperature is below 37.6°C/99.7°F without medication before sending them off to school each day.



Monitor your child's health. Keep your child at home if they display symptoms (cough, fever, respiratory trouble, etc.). Keep your child at home if any individual in your household shows any symptoms.



Ensure your child wears a mask and bring an extra mask with them in a ziplock bag labeled with their name.



Ensure your child has a packed lunch to bring to school.



Ensure your child has a water bottle with their name written on it.